

**ARCHER COLLEGE OF HEALTH AND HUMAN
SERVICES
HEALTH SCIENCE PROFESSIONS**



**MASTER OF ATHLETIC TRAINING
GRADUATE STUDENT HANDBOOK
2022-2023**

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MASTER OF SCIENCE IN ATHLETIC TRAINING

History

The Angelo State University Master Athletic Training (MAT) program was approved by the Texas Higher Education Coordinating Board in June 2019. The first class of graduate students will begin June 2020. The program received national accreditation by the Commission on Accreditation of Athletic Training Education (CAATE) in June 2022. Graduates are eligible for the Board of Certification (BOC) examination and an athletic training license in Texas.

The program offers two methods for admission. The first is a 2-year post-baccalaureate graduate school entry. Candidates will have completed a bachelor's degree that includes number of prerequisites. These candidates must complete an Angelo State University graduate school application, required paperwork, and interview process for admittance into the MAT degree program. The second option for admission is a 5-year (3 + 2) option for students completing their undergraduate degree at Angelo State University in Health Science Professions with the Physical Therapy and Allied Health specialization. Upon the completion of 84 credit hours in the Physical Therapy and Allied Health Specialization, students may apply for entrance into the MAT program. For these students with a 3.3 GPA, they will be guaranteed admittance into the ASU Athletic Training Entry-Level Masters graduate program pending completion of the application, required paperwork, and interview process. Students, enrolled in the Health Science Professions degree program in the Physical Therapy and Allied Health specialization, who do not meet the 3.3 GPA must complete an Angelo State University graduate school application, required paperwork, and interview process for admittance into the MAT degree program.

The Master of Athletic Training (MAT) program will prepare athletic training graduates proficient in the entry-level competencies identified by the National Athletic Trainers' Association (NATA) Professional Education Council (PEC). Students in the program will use evidence-based principles to provide patient-centered care in collaboration with other allied health professionals. Through this program students will develop communication, decision-making, social, analytical thinking, and personal development skills necessary for professional practice.

Athletic training is an allied health care profession specializing in the clinical diagnosis, immediate management, treatment, and rehabilitation of musculoskeletal injuries and general medical conditions. While athletic trainers are best known for providing health care services to high school, collegiate, and professional athletes, athletic trainers can also be found in orthopedic clinics, industrial settings, the military, hospitals, and in physician practices. Each of these diverse settings maximizes the knowledge and skills provided by a certified and licensed athletic trainer.

Angelo State University's academic program uses the health care model for developing student competence. Professional coursework provides students with the knowledge, skill, and understanding required for professional practice. Clinical education provides an exciting part of the learning experience, as students have the opportunity to apply didactic information. Working with clinical preceptors, students provide health care services to Angelo State University student-athletes, local high school athletes, and a general population of patients in local clinics and hospitals.

Students that successfully complete a CAATE accredited athletic training program will have knowledge and skills in the following areas: Evidence-Based Practice, Prevention and Health Promotion, Clinical Examination and Diagnosis, Acute Care of Injuries and Illnesses, Therapeutic Interventions, Psychosocial Strategies and Referral, Healthcare Administration, Professional Development and Responsibility, and Clinical Integration.

In addition to these required areas of focus, this MAT program requires students to complete a research

project during their second year of study. This not only benefits the student by expanding their knowledge on the research process, but it also expands the body of knowledge related to athletic training and healthcare. Another unique aspect to this program is based on the design of the curriculum. Students will attend 8-week courses, and then for the other 8 weeks in the semester, students will be immersed in a clinical assignment at an affiliated site. Due to accreditation restrictions, students are limited to an average of 20 hours at a clinical site throughout an academic semester. This program offers the didactic courses over an 8-week period, during which the students do not participate in a clinical assignment. Therefore, during the remaining 8 weeks of the semester, students are able to attend their clinical assignment 40 hours a week. This also allows students to truly experience what it is like to “work” full time in different clinical settings.

Mission

Masters of Athletic Training (MAT) will prepare athletic training graduates proficient in the entry-level competencies necessary to be eligible for the Board of Certification (BOC) examination. Students in the program will use evidence-based principles to provide patient-centered care in collaboration with other allied health professionals. Through this program students will develop communication, decision-making, social, analytical thinking, and personal development skills necessary for professional practice.

Objectives

1. To prepare athletic training students to meet the educational competencies and clinical proficiencies necessary to be eligible for the Board of Certification.
2. To develop athletic training professionals who abide by high professional and personal ethical standards, which will contribute in a positive manner to the continued development of the profession of athletic training.
3. To develop professionals who value education and recognize the importance of lifelong learning through participating in professional research, continuing education activities, evidence based clinical practice, and involvement in professional memberships and organizations.
4. To provide a research experience for the students to create both graduates that can conduct research as well as be consumers of published research.
5. To expose each student to a variety of employment opportunities through clinical experiences in collegiate, clinical, high school, and general medical settings.

Program Faculty and Staff

During your time at Angelo State University, you will have the opportunity to meet many people who are committed to making your academic experience a positive and rewarding one. Listed below are some of the people who have a commitment to the development of athletic training students.

Kristi, M White, PhD, ATC **Department Chair, Program Director, Professor**

Education: University of Minnesota – BS (Kinesiology)
 Ohio University – MS (Athletic Training)
 Ohio University – PhD (Curriculum and Instruction)

Dr. White is in her 14th year at Angelo State University and is the Department Chair for the Health Science Professions Department. Dr. White has served as the program director of three athletic training programs for a total of 20 years.

Typical duties include preparation of course syllabi and materials and the assignment of grades. Additional faculty responsibilities include recruiting and advising students, committee participation, course and program assessment, and research. The person who fills this position is expected to lead and administer the program, serve as the program's primary liaison to the Commission on the Accreditation of Athletic Training Education (CAATE), and adhere to the standards set forth by CAATE to provide an excellent educational experience for students.

Duties:

- Oversees the entire Master of Athletic Training (MAT) program.
- Recruiting and advising students
- Counsel all students concerning their academic progression.
- Maintain all records concerning the academic history and clinical experience of the athletic training students.
- Serve as the University representative to the National Athletic Trainers' Association (NATA), the Board of Certification (BOC), and the Texas Advisory Board of Athletic Trainers' concerning the athletic training program.
- Serve as the program's primary liaison to the Commission on the Accreditation of Athletic Training Education (CAATE)
- Provides didactic instruction to the students in the MAT Program as well as to the undergraduate Health Science Professions students.
- Reports to the CAATE, the BOC, and the Texas Advisory Board of Athletic Trainers.
- Completes the CAATE documentation.
- Chairs the faculty MAT program meeting.
- Attends national, state, and regional athletic training meetings.
- Creates new courses for the MAT as needed.
- Endorses student applications for the BOC exam and the Texas Department of Health Services Athletic Trainers exam.

Ms. Chelsea Procter-Willman, MS, ATC
Clinical Education Coordinator, Clinical Instructor

Education: Angelo State University – BS (Athletic Training)
Ohio University – MS (Athletic Training)

Chelsea is in her 4th year at Angelo State University and currently serves as a Clinical Instructor in both the HSP undergraduate program and the MAT program. She has previously served as the Clinical Education Coordinator at Texas Wesleyan University.

Duties:

- Assists the program director in administration and organization of the clinical component of the MAT program.
- Provides classroom instruction for MAT students and undergraduate HSP students.
- Assists MAT students in clinical application in the HSP lab.
- Other duties to be assigned by the department chair/program director.

Yo-Rong Chen, PhD, ATC
Assistant Professor

Education: National Taiwan Sport University – BS (Athletic Training)
National Taiwan Sport University – MS (Physical Education/Athletic Training)
Texas Tech Health Science Center – MAT (Athletic Training)
Texas Tech Health Science Center – PhD (Clinical Science and Biomechanics)

Dr. Chen is beginning her 2nd year at Angelo State University and serves as an Assistant Professor in both the HSP undergraduate program and the MAT program.

Duties:

- Provides classroom instruction for MAT students and undergraduate HSP students.
- Assists MAT students in clinical application in the HSP lab.
- Other duties to be assigned by the department chair/program director.

Jesse McIntyre, DAT, MS, ATC
Clinical Instructor

Education: AT Still University – DAT (Doctorate of Athletic Training)
University of North Georgia – MS (Exercise Science)
East Central University – Med (Sports Administration)
Oklahoma State University – BS (Athletic Training)

Dr. McIntyre is beginning his 1st year at Angelo State University and currently serves as a Clinical Instructor in both the HSP undergraduate program and the MAT program.

Duties:

- Provides classroom instruction for MAT students and undergraduate HSP students.
- Assists MAT students in clinical application in the HSP lab.
- Other duties to be assigned by the department chair/program director.

**Angelo State University
Athletic Training Program
Admission Standards**

	Bachelor of Science of Health Science Professions in the Physical Therapy Allied Health Track (BSHSP)	Other Post Baccalaureate Applicants
Regular Admission Criteria	<ul style="list-style-type: none"> • Cumulative college grade point average 3.3 or higher (on 4.0 scale). • May apply after completion of 84 credit hours. • Guaranteed admittance with completion of the application, paperwork, fees, and interview process. 	<ul style="list-style-type: none"> • Cumulative college grade point average 3.0 or higher (on 4.0 scale). • Completion of prerequisite college coursework.
Committee Admission	<ul style="list-style-type: none"> • Applicants that do not meet all of the regular admission requirements may be admitted by the review of the MAT Admissions Committee. 	<ul style="list-style-type: none"> • Applicants that do not meet all of the regular admission requirements may be admitted by the review of the MAT Admissions Committee.
Prerequisite Coursework	<p>Prerequisites in the BSHSP degree that must be completed prior to application includes:</p> <ul style="list-style-type: none"> • BIOL 1106, 1306 • CHEM 1111, 1311 • PHYS 1101, 1301 • HSP 2101, 2102, 2301 and 2302 OR BIOL 2123, 2124, 2323 and 2324 • PSY 2301 • HSP 4337 • HSP 4315 	<p style="text-align: center;">College Coursework</p> <ul style="list-style-type: none"> • One semester biology (with lab) • One semester chemistry (with lab) • Once semester physics (with lab) • Two semesters anatomy and physiology or equivalent (with lab) • General psychology • Statistics • Nutrition

Admission Process:

Stage I

Step 1. Complete an application for admission.

Candidates will need to submit the [ApplyTexas](#) application for admission. If you have problems accessing the application, please contact the College of Graduate Studies and Research at 325-942-2169 or graduate.studies@angelo.edu.

Step 2. Compose an essay.

Write an essay of no more than 500 words (typed in 12-point type with one-inch margins) that describes your educational plans, career objectives, commitment to your particular field of study, any research experience, your view of research and possible research interests, and personal goals. The essay may also address any of the following factors, which are qualities that will be acknowledged in the admission process:

- Socioeconomic history
- Family background (including level of educational attainment)
- Personal talents, leadership capabilities, community service.

You may submit your essay with your graduate school application or you can email your essay to graduate.studies@angelo.edu

Step 3. Pay the application fee.

Domestic applicants will need to pay an application fee of \$40. The application fee for international applicants is \$50. The application fee can be paid online. We will also accept payment by cash, check, or money order. Checks will need to be made payable to “Angelo State University.”

Step 4. Order your academic transcripts.

We require transcripts from all colleges/universities attended, with the exception of Angelo State University. The application process can be completed with unofficial transcripts, though we highly recommend sending official transcripts. Transcripts delivered in a sealed envelope from the institution will be considered official. Transcripts sent by certified electronic exchange or an approved third-party service will also be considered official. Please be aware that the overall GPA as posted to the transcript from the baccalaureate degree-awarding institution will be considered.

Transcripts can be sent to graduate.studies@angelo.edu or by mail to:

College of Graduate Studies and Research
ASU Station #11025
San Angelo, TX 76909-1025

Step 5. Complete a [Self-Report Transcript form](#).

Email the completed form to bshsp@angelo.edu.

Step 6. Complete a [Proof of Volunteer Hours form](#).

Applicants must complete at least 50 hours that includes two different areas of clinical practice. Applicants are allowed to use their facility's hour verification form as long as it has both signature and license number of the supervising Athletic Trainer.

Email completed forms to bshsp@angelo.edu.

Step 7. Send three [Letters of Reference](#) to the College of Graduate Studies and Research

Recommendations must include an Athletic Training/health-related, academic (instructor or academic advisor) and personal. Graduate Studies prefers to receive these by mail, but they can be done electronically if necessary. Electronically filled/signed recommendation forms may be sent to Graduate Studies at: graduate.studies@angelo.edu

All application materials and forms must be submitted to:

College of Graduate Studies and Research
ASU Station #11025
San Angelo, TX 76909-1025

If the applicant clears the Admission Stage I process, written notification from the College of Graduate Studies and Research will be sent to the applicant. Applicants must then wait for notification from the Master's in Athletic Training Program in the Department of Health Science Professions as to whether they are moving on to Stage II.

Stage II

Stage II is the interview at Angelo State University. Once the applicant has received the letter indicating that Stage I has been completed, and an invitation from the Athletic Training Education Program in the Department of Health Science Professions for interview in either the fall or spring, the applicant must then send an additional \$30 processing fee (check or money order made payable to Angelo State University Athletic Training Education Program) along with the Stage II Athletic Training Education Program Processing Form.

Up to 26 individuals will be recommended to the Dean of the College of Graduate Studies and Research for admission into the MAT program. Only written notice from the Dean of the College of Graduate Studies and Research constitutes approval of admission.

For further information, contact:

Master of Athletic Training Program
Angelo State University
ASU Station #11057
San Angelo, TX 76909-0923
Telephone: 325-486-6179
Fax: 325-942-2129
Email: kristi.white@angelo.edu

Application Deadlines

Other Application Deadlines:

Summer: April 1

Angelo State University –BSHSP/MAT – 3 + 2 Year Plan (172 credit hours)
BSHSP – Physical Therapy and Allied Health Specialization and Master of Athletic Training
Joint Degree Program

First Year – Fall Semester 17 Credits	First Year – Spring Semester 18 Credits
BIOL 1106/1306 Principles of Biology I with Lab or BIOL 1107/1307 Principles of Biology II with Lab ENGL 1301 English Composition GS 1181 General Studies HIST 1301 US History to 1865 MATH 1314 College Algebra HSP 2320 Medical Terminology	COMM 1315 Public Speaking ENGL 1302 Writing Across the Curriculum HIST 1302 US History After 1865 HSP 2325 Basic Skills for Healthcare Professionals PSY 2301 General Psychology C-ARTS Creative Arts

Second Year – Fall Semester 17 Credits	Second Year – Spring Semester 17 Credits
CHEM 1111/1311 General Chemistry I and Lab ENGL 2307, 2321, 2326, 2329, 2331 (Choose 1) HSP 2101/2301 Human Anatomy and Physiology I and Lab or BIOL 2123/2323 Human Anatomy and Lab POLS 2305 Federal and State Government PSY 2304 Developmental Psychology	CHEM 1112/1312 General Chemistry II and Lab HSP 2102/2302 Human Anatomy and Physiology II Lab or BIOL 2124/2324 Human Physiology and Lab HSP 4320 Communication Skills for Healthcare Professionals HSP 4337 Statistical Techniques for Health Professionals or MATH 3321 POLS 2306 Texas Government

Either First or Second Year Summer Courses 15-16 Credits
HSP 4315 Human Nutrition and Dietary Supplementation HSP 4335 Healthcare Ethics and Legal Issues HSP 4340 Healthcare Policy HSP 4345 Healthcare for Diverse Populations **Advanced Elective (3000 or 4000 Level Course)

Third Year – Fall Semester 17-18 Credits	Third Year – Spring Semester 16-18 Credits
ENGL 3351 Technical Writing HSP 3420 Clinical Pathology HSP 4325 Introduction to Epidemiology PHYS 1101/1301 General Physics I and Lab **Advance Elective	HSP 4330 Healthcare Organization and Leadership HSP 4350 Healthcare Research and Evidence Based Practice PHYS 1102/1302 General Physics II and Lab **Advance Elective **Advance Elective

** Students must complete 15 credits of advanced electives (3000 or 4000 level course)

**Angelo State University –MAT - 2 Year Plan (52 credit hours)
Candidates with an Earned Bachelor’s Degree**

Summer Term Year 1	10 Credits
AT 6300 Introduction to Clinical Education AT 6310 Emergency Management Strategies in Athletic Training AT 6400 Human Anatomy and Diagnostic Imaging	

Fall Semester Year 1	9 Credits	Spring Semester Year 1	12 Credits
AT 6205 Athletic Training Clinical Experience I AT 6312 Research Methods and EBP in Athletic Training AT 6405 Physical Examination, Diagnosis and Management of Injuries I		AT 6210 Athletic Training Clinical Experience II AT 6315 Therapeutic Modalities AT 6318 Pharmacological Aspects in Athletic Training AT 6410 Physical Examination, Diagnosis and Management of Injuries II	

Fall Semester Year 2	12 Credits	Spring Semester Year 2	9 Credits
AT 6175 Athletic Training Research Project I AT 6215 Athletic Training Clinical Experience III AT 6320 General Medical Conditions and Advanced Patient Care AT 6325 Rehabilitation of Musculoskeletal Injuries AT 6330 Administrative Topics in Athletic Training		AT 6176 Athletic Training Research Project II AT 6220 Athletic Training Clinical Experience IV AT 6333 Clinical Decision Making in Athletic Training AT 6335 Professional Preparation and Current Topics in Athletic Training	

Masters in Athletic Training Course Descriptions

AT 6205 Athletic Training Clinical Experience I (0-4-0)

Clinical education is a key component to athletic training education. This course allows athletic training students to practice basic clinical proficiencies and skills related to first aid, emergency management, and the primary assessment of a patient.

Prerequisite: AT 6300, AT 6310, AT 6400

2 credit hours, 4 contact hours

AT 6210 Athletic Training Clinical Experience II (0-4-0)

Clinical education is a key component to athletic training education. This course allows athletic training students to practice intermediate clinical proficiencies and skills related to research methods in athletic training and the diagnosis and management of injuries to the lower extremities, lumbar spine and abdomen.

Prerequisite: AT 6205

2 credit hours, 4 contact hours

AT 6215 Athletic Training Clinical Experience III (0-4-0)

Clinical education is a key component to athletic training education. This course allows athletic training students to practice intermediate clinical proficiencies and skills related to therapeutic modalities and the diagnosis and management of injuries to the head, cervical spine, and upper extremities.

Prerequisite: AT 6210

2 credit hours, 4 contact hours

AT 6220 Athletic Training Clinical Experience IV (0-4-0)

Clinical education is a key component to athletic training education. This course allows athletic training students to practice advanced clinical proficiencies and skills related to therapeutic rehabilitation and general medical conditions.

Prerequisite: AT 6215

2 credit hours, 4 contact hours

AT 6300 Introduction to Clinical Education (2-2-0)

This course introduces athletic training students to basic skills and tasks used during the clinical experience portion of the ATEP. Students acquire skills in patient interaction, equipment fitting, taping, wrapping, and PPE screening. The course instructs students on program policy and procedures and the methods used to submit electronic paperwork required of all students in the ATEP.

Prerequisite: Admitted into the MAT

3 credit hours, 4 contact hours

AT 6310 Emergency Management Strategies in Athletic Training (2-2-0)

This course focuses on the skills, knowledge, and preparation needed to handle real sports and fitness emergencies. Topics include emergency planning, interaction with EMS, etiology, signs and symptoms and common medical emergencies.

Prerequisite: Admitted into the MAT

3 credit hours, 4 contact hours

AT 6312 Research Methods and Evidence Based Practice in Athletic Training (3-0-0)

To become better consumers of research-based information, this course will introduce research topics and the data collection and application of statistical methods used in athletic training and related research. Students also learn the process of designing a research project.

Prerequisite: AT 6100, AT 6310, AT 6400

3 credit hours, 3 contact hours

AT 6315 Therapeutic Modalities (2-2-0)

Principles, biophysical effects, indications, and contraindications associated with therapeutic modalities used in the treatment and rehabilitation of orthopedic injuries. Topics include thermal agents, therapeutic ultrasound, electrical stimulation, and mechanical devices.

Prerequisite: AT 6405

3 credit hours, 4 contact hours

AT 6318 Pharmacological Aspects in Athletic Training. (3-0-0)

This course provides basic principles of pharmacology used by athletic trainers in clinical practice.

Prerequisite: AT 6405

3 credit hours, 3 contact hours

AT 6320 General Medical Conditions and Advanced Patient Care (3-0-0)

Information on the prevention and management of systematic disorders, skin diseases, environmental disorders, and other ailments related to the human body. Pharmacological issues include the use of the Physician's Desk Reference (PDR), documentation and tracking medications, identifying and administering medications, and handling overdose and poisoning situations.

Prerequisite: AT 6315

3 credit hours, 3 contact hours

AT 6325 Rehabilitation of Musculoskeletal Injuries (2-2-0)

This course instructs athletic training students on the theory and practical application of therapeutic exercise and rehabilitation for musculoskeletal injuries of a diverse population. Emphasis is placed on the planning and implementation of these therapeutic rehabilitation protocols.

Prerequisite: AT 6315, AT 6410

3 credit hours, 4 contact hours

AT 6330 Administrative Topics in Athletic Training (3-0-0)

Athletic training administration topics including leadership and management skills, human resource skills, and strategies for service delivery in high schools, colleges, universities, hospitals, private practice clinics, and corporate and industrial settings.

Prerequisite: AT 6320, AT 6325

3 credit hours, 3 contact hours

AT 6333 Clinical Decision Making in Athletic Training (3-0-0)

This course discusses the foundational concepts of evidence-based practice to deliver patient care in an effective way.

Prerequisite: AT 6320, AT 6325

3 credit hours, 3 contact hours

AT 6335 Professional Preparation and Current Topics in Athletic Training (3-0-0)

Professional and ethical preparation in the field of athletic training is the focus of this course including BOC examination review. This course will also examine cultural competence issues in healthcare.

Prerequisite: AT 6320, AT 6325

3 credit hours, 3 contact hours

AT 6400 Human Anatomy and Diagnostic Imaging (3-2-0)

A regional approach to the appreciation of human anatomy will be augmented with surface, clinical, plastination, and radiographic resources for musculoskeletal diagnosis and rehabilitation.

Prerequisite: Admitted into the MAT

4 credit hours, 5 contact hours

AT 6405 Physical Examination, Diagnosis and Management of Injuries I (3-2-0)

Athletic training students learn the process of clinical examination, diagnosis and management of musculoskeletal injuries to the lower extremities, lumbar spine and abdomen.

Prerequisite: AT 6100, AT 6310, AT 6400

4 credit hours, 5 contact hours

AT 6410 Physical Examination, Diagnosis and Management of Injuries II (3-2-0)

Athletic training students learn the process of clinical examination, diagnosis and management of musculoskeletal injuries to the head, cervical spine, and upper extremities.

Prerequisite: AT 6405

4 credit hours, 5 contact hours

AT 6150 Athletic Training Instructional Experience (0-3-0)

This course is designed to give athletic training students the opportunity to be a teaching assistant for previously completed athletic training courses. Students will assist in content distribution, exam preparation, and in the evaluation of student performance on practical and written examinations.

Prerequisite: Admitted into the Entry-Level Master's Athletic Training Education Program and with permission of the MAT Director

1 credit hour, 3 contact hours

** Elective

** Can be taken more than 1 time

AT 6175 Athletic Training Research Project (0-3-0)

Students enrolled in this course will complete and/or participate in a research project agreed upon by the ATEP Director. This course gives students the opportunity to work directly with an Allied Health Professional Mentor through the research process.

Prerequisite: AT 6312 and with permission of the ATEP Director

1 credit hour, 3 contact hours

AT 6176 Athletic Training Research Project II (0-3-0)

Students enrolled in this course will complete their research project started in AT 6175. Students will present their findings to the MAT students and HSP faculty.

Prerequisite: AT 6175

1 credit hour, 3 contact hours

Clinical Education Program Overview

Clinical Education is a vital aspect of the MAT. Clinical Education has been developed to ensure learning over time. There are four clinical education courses, each focusing on specific clinical proficiencies that have been taught and practiced in the classroom and laboratory sessions during previous semesters. Each clinical course includes clinical rotations that progressively develop in complexity, exposure, and expectations. Students cannot be paid for services during their clinical experiences.

1. Objective:

The goal of clinical education is to provide the student with the opportunity to practice the knowledge and skills taught in the classroom, to experience and learn in the professional environment under the supervision of a clinical preceptor, and to develop the competence to perform as a professional upon graduation.

Each clinical education course includes a syllabus that outlines course objectives, expectations for the course, as well as specific proficiencies that are to be evaluated in that course. ***Students that do not complete all the requirements of the course must retake the course the following year, and cannot continue in the curriculum until that course has been successfully completed. This will delay a student's progression in the program and graduation.***

2. Description of the Clinical Sites:

The field experience component of the coursework will take place at both on-campus and off-campus sites. With the exception of the orthopedic rotation and the general medical rotations, all other field experiences will take place under the supervision of an ATC.

- a. **The ASU Sports Medicine Center** is located on the campus of Angelo State University. The Sports Medicine Center is located adjacent to the Junell Center/Stephens Arena and Shannon Sports Medicine. It houses the main health care facility for all Angelo State University Student-Athletes. The student will experience the Sports Medicine Center for the equipment intensive, the lower extremity, and the upper extremity rotations.
- b. **Shannon South Hospital** is located approximately 3 miles from the campus of Angelo State University. The Emergency Department is located off of Knickerbocker Road. The student will interact with physicians, nurses, and physician assistants. The student may experience this site during the general medical rotation.
- c. **Shannon Surgery Center** is located approximately four miles from the campus of Angelo State University. It is located on Executive Drive. The Surgery Center also allows for day patient surgery. The student may experience this site during the general medical and community rotations. The Surgery Center also employs 3 Athletic Trainers who work closely with the orthopedic physicians.
- d. **West Texas Medical Associates** is located approximately four miles from the campus of Angelo State University. It is located on Executive Drive. The student may experience this site during the general medical rotation.
- e. **Shannon North Hospital** is located on W. Harris. The clinical site is approximately 5 miles from campus that constitutes a 10-15minute drive. The emergency department is located on the east side of the hospital near the helicopter-landing pad. The student may experience this site during the general medical rotation.
- f. **Shannon Sports Medicine** is located on the campus of Angelo State University adjacent to the ASU Sports Medicine Center and Shannon Urgent Care. The student may experience this rotation during the community rotation.
- g. **San Angelo Central High School** is located at 100 Cottonwood Drive. The site is approximately 5 miles from the campus of Angelo State University. The student may experience this rotation during the community rotation.
- h. **San Angelo Lake View High School** is located at 900 E. 43rd and is approximately 15 miles from campus which may take up to 20 minutes to drive. The student may experience this rotation during the community rotation.

MAT Policies

Academic Requirements

The primary purpose of attendance at Angelo State University is to obtain the benefits of a college education. Athletic Training is an allied health care profession and academic performance should be the student's first concern. The privilege of being in the Master of Athletic Training (MAT) Program comes with responsibilities to successfully complete academic obligations. Course work is extremely important in the student's progression toward certification and competent function in the athletic training room.

Progression within the MAT

The MAT is a selective and intense 5 semester academic program with a didactic and clinical component. The didactic and clinical courses must be successfully taken in sequential order to progress within the program. All students are required to complete 250-300 clinical experience hours per clinical experience.

Academic Eligibility:

1. A student who is academically eligible is one who has met the program academic standards regarding GPA Requirements and/or Grade Requirements.
2. A student who does not meet this standard is not allowed to continue in the MAT.

Academic Standing:

1. **Good Standing: (GPA \geq 3.0)** A student in Good Standing is one who meets or exceeds the minimum academic eligibility standard.
2. **Academic Jeopardy: (GPA 2.70-2.99)** A student in academic jeopardy is one who meets the minimum academic eligibility standard, but is in jeopardy of falling below the minimum GPA academic standard or the course grade requirement. A student in academic jeopardy:
 - a. Receives an e-mail from the Program Director (PD) indicating concern regarding their academic standing.
 - b. Is allowed to take a full-time load but is required to maintain contact with the PD on a regular basis.
3. **Academic Probation: (GPA < 2.70)**
 - a. A student on program academic probation is one who has not met the minimum grade point average (GPA) academic standard, or who has not met the Grade Requirements.
 - b. When a student is placed on program academic probation, the student will be notified, in writing, by the Program Director. The student will be required to confirm this notification (e-mail response of confirmation is acceptable).
 - c. A student on program academic probation is required to meet with the Program Director regularly during the semester. Appropriate strategies to improve academic performance will be discussed with the student.
 - d. A student on program academic probationary status for more than two consecutive semesters at any time during the program or a total of any three semesters during the program is subject to program dismissal.

Course Grade Requirements

- A. A grade of "B" or better is required in all Masters of Athletic Training (MAT) courses.

Progression Rules

A. In order to progress to the final two terms of the program, students must have:

- a. A 3.0 cumulative GPA (from the previous three terms)
- b. Not been on program academic probation for more than 2 consecutive semesters
- c. Successfully completed all required courses

Graduation Requirements for the Master of Athletic Training (MAT) Degree

A. To graduate with the MSAT degree the student must have:

1. 3.0 cumulative GPA
2. Not been on probation for more than 2 consecutive semesters or for a total of three semesters
3. Have attained a "B" or better for all Graduate Athletic Training courses.

Advisement

Students enrolled in the MAT program will meet with the Program Director or assigned faculty member at least once a semester but are encouraged to engage in dialogue when necessary regarding academic success, clinical assignments, and/or personal or professional issues.

Professional Behaviors

Students are expected to follow the NATA Code of Ethics and the Statement of Professional Behavior Expectations outlined in the Student Handbook Policy and Procedures Manual. If a violation occurs, the student will be notified in writing regarding the details of the violation. If a second violation occurs, the student will be placed on probation. A third violation can result in suspension and withdrawal from the MAT. The probation will be similar to an academic violation. Violations of extreme nature may result in immediate removal.

Harassment/Discrimination

Angelo State University is committed to providing an environment free from harassment and other forms of discrimination based upon race, color, ethnic background, national origin, religion, creed, age, disability, sexual orientation or preference or gender, including sexual/gender harassment. While diverse viewpoints and opinions are welcome in this program, in expressing them, we will practice the mutual deference so important in the working world. Thus, while we encourage you to share your opinions, when appropriate, you will be expected to do so in a manner that is respectful towards others, even when you disagree with them.

Academic Integrity

Cheating and other forms of academic dishonesty will not be tolerated. All Angelo State University policies will be enforced. (See current university bulletin and student handbook) Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic Honor Code, which is contained in both print and web versions of the Student Handbook. Any individual caught cheating on examinations and/or assignments or plagiarizing will receive an automatic "F" for their final grade and will be suspended from the MAT program. Furthermore, a letter will go into the student's file describing the situation.

Academic dishonesty is a serious offense. Academic dishonesty is defined as, but not limited to:

- Giving or receiving help with intent to falsely represent one's work.
- Plagiarizing (A willful misrepresentation of another person's work as one's own.)
- The use (or appearance of use) of notes, books, cell phones, cameras, or any other unauthorized sources during tests of any kind, unless specific permission is given by the instructor.

- Altering the record of any grade in any grade book or record.
- Any other type of misconduct, offense or manifestation of dishonesty or unfairness in relation to academic work.
- Unauthorized possession of a test prior to, during, or after the administration of a test.
- Defacing, mutilating, destroying, modifying, stealing, hiding or in any other way inhibiting or preventing access by others to library materials or databases.
- Falsely documenting clinical hours.
- Falsifying research data.

Expectations

As an athletic training student, you have been chosen from a pool of candidates who have many of the same qualifications as yourself. You will find yourself among others who are also outstanding in their own ways. While in the MAT, you will have no time to rest on past accomplishments. You will be expected to perform at your best in both the classroom and in the clinical setting. The cognitive background gained in the classroom will give you your foundation. There is no room for being average when it comes to caring for the patients. You will be expected to attend class, turn in assignments, and take exams on time. To do otherwise, states that you are not taking your position seriously.

Time spent in clinical education will be treated as a learning experience to build a knowledge base. That is, it is a learning situation, and you will be required to come as scheduled. You will be expected to be inquisitive and ask questions at appropriate times. You also will be expected to take initiative and not have to be told what to do all the time. As you gain experience, you should begin to assume a leadership role; everyone will pitch in with the daily chores such as cleaning and folding towels. You will attempt to improve your athletic training skills each day in the clinical setting. If this is followed, there should be no “dead time”. You should be able to get along with fellow students and staff athletic trainers and get to know them. It is expected that you will help one another.

You will never be put in a situation for which you are not prepared. You will never be asked as an athletic training student to assume the role of a certified and/or licensed athletic training professional. If you feel that you are not being utilized to your capacity, then perhaps you did not demonstrate your abilities to the clinical preceptors. You will never put yourself in a position of “faking” knowledge in front of a patient, or be party to disseminating misinformation. All athletic training students must adhere to the NATA Code of Ethics. A great deal of learning will be done both on your own and with the help of your fellow students. It will be up to you to seek help if you are having a problem in a class or with a clinical skill.

Code of Conduct in the Clinical Setting

1. All Students are required to abide by the rules set forth by the Angelo State University MAT Program.
2. Students are expected to conduct themselves in a professional manner. This includes, but is not limited to, no vulgar language, no racial or derogatory remarks, and no horseplay.
3. Students are required to attend all scheduled clinical experiences.
4. Students are expected to take the initiative and not have to be told what to do. Regardless of experience all students will participate in all duties assigned.
5. Students are expected to be courteous and respectful to other co-workers, preceptors, patients, coaches, staff, and visitors.

Infractions of the code of conduct are subject to disciplinary actions by the clinical preceptor and/or the program director. This could include dismissal from the MAT if necessary

Technical Standards

A master's degree in Athletic Training from Angelo State University verifies that the students have the knowledge and skills to function in a variety of settings, including clinical settings. The technical standards are to be met by each student admitted to the MAT at ASU. These technical standards must be verified by a physician as a component of the application procedures outlined above. These expectations can be met with or without accommodations. Students must notify the program faculty annually if there is a change in his/her ability to meet the technical standards and must request a review of accommodations.

Program Requirements For Clinical Education

Once a student is accepted into the MAT, students must verify that the following requirements have been met prior to the start of each academic year:

1. CPR for the Professional Rescuer certification and FA/AED certification
A copy of current CPR/PR card issued by the American Red Cross, the American Heart Association, or the National Safety Council must be on file in the Program Director's office for each year the student is enrolled in the athletic training education program.
2. NATA membership
Membership to the National Athletic Trainers' Association www.nata.org is required of all students enrolled in the program. Students receive association publications, are eligible for association scholarships, have member's only access to the NATA website, and receive discounted pricing for attendance at professional meetings.
3. Individual personal liability insurance
Due to the possibility of litigation in particular clinical situations, individual professional liability insurance is a requirement for participation in the MAT. Upon acceptance into the program, an application form will be sent to each student and must be returned prior to the start of clinicals. The student will be expected to pay for the insurance at that time. Students will be responsible for renewing liability insurance on an annual basis. Documentation of coverage will be kept in the Program Director's office. Students who do not have liability insurance, or fail to complete the required forms will not be allowed to attend clinical coursework until proof of payment is received. Insurance can be purchased from www.hpsso.com.
4. Health Requirements: immunizations and verification of technical standards by a licensed physician, physician's assistant or nurse practitioner. As part of the application process, students will be required to submit proof from a licensed physician that they can meet the technical standards, as well as immunization records.
5. OSHA and Blood-borne Pathogens Training
6. Signed Confidentiality Agreement

Social Media Policy

At Angelo State University, we understand that social media can be a fun and rewarding way to share your life and opinions with family, friends and co-workers around the world. However, use of social media also presents certain risks and carries with it certain responsibilities. To assist you in making responsible decisions about your use of social media, we have established these guidelines for appropriate use of social media. This policy applies to all students enrolled in the MAT Program at Angelo State University.

Guidelines

In the rapidly expanding world of electronic communication, social media can mean many things. Social media includes all means of communicating or posting information or content of any sort on the Internet, including to your own or someone else's web log or blog, journal or diary, personal web site, social networking or affinity web site, web bulletin board or a chat room, whether or not associated or affiliated with Angelo State University's Master of Athletic Training (MAT) program as well as any other form of electronic communication.

Ultimately, you are solely responsible for what you post online. Before creating online content, consider some of the risks and rewards that are involved. Keep in mind that any of your conduct that adversely affects your academic or clinical performance, the performance of fellow students or otherwise adversely affects faculty, administrators, staff, or clinical preceptors affiliated with Angelo State University's MAT program may result in disciplinary action up to and including dismissal from the program.

Inappropriate postings that may include discriminatory remarks, harassment, and threats of violence or similar inappropriate or unlawful conduct will not be tolerated and may subject you to disciplinary action up to and including dismissal from the MAT program.

Be respectful

Always be fair and courteous to fellow students, faculty, administrators, staff, or clinical preceptors affiliated with Angelo State University's MAT program. Also, keep in mind that you are more likely to resolve academic and clinical complaints by speaking directly with your clinical preceptor and/or program director than by posting complaints to a social media outlet. Nevertheless, if you decide to post complaints or criticism, avoid using statements, photographs, video or audio that reasonably could be viewed as malicious, obscene, threatening or intimidating, that disparage students, faculty, administrators, staff, or clinical preceptors, or that might constitute harassment or bullying. Examples of such conduct might include offensive posts meant to intentionally harm someone's reputation or posts that could contribute to a hostile work environment on the basis of race, sex, disability, religion or any other status protected by law or Angelo State University policy.

Be honest and accurate

Make sure you are always honest and accurate when posting information or news, and if you make a mistake, correct it quickly. Be open about any previous posts you have altered. Remember that the Internet archives almost everything; therefore, even deleted postings can be searched.

Post only appropriate and respectful content

Maintain the confidentiality of the MAT program, clinical preceptors, and patients seen during clinical experiences. Patient health and financial information is considered confidential and its release other

than for appropriate purposes is prohibited by HIPAA and state laws. Do not post internal reports, policies, procedures or other internal business-related confidential communications.

Express only your personal opinions. Never represent yourself as a spokesperson for Angelo State University or its MAT program. If the MAT program at Angelo State University is a subject of the content you are creating, be clear and open about the fact that you are a student and make it clear that your views do not represent those of fellow students, faculty, administrators, staff, or clinical preceptors affiliated with Angelo State University's MAT program. If you do publish a blog or post online related to your education or subjects associated with Angelo State University's MAT program, make it clear that you are not speaking on behalf of Angelo State University's MAT program. It is best to include a disclaimer such as "The postings on this site are my own and do not necessarily reflect the views of Angelo State University's MAT program."

Using social media at work

Refrain from using social media during classes or clinical experiences, unless it is MAT related as authorized by your clinical preceptor, instructor, or the program director. Do not use school email addresses to register on social networks, blogs or other online tools utilized for personal use.

Retaliation is prohibited

Angelo State University's MAT prohibits taking negative action against any affiliate for reporting a possible deviation from this policy or for cooperating in an investigation. Any student who retaliates against another MAT affiliate for reporting a possible deviation from this policy or for cooperating in an investigation will be subject to disciplinary action, up to and including dismissal from the program.

Media contacts

Students should not speak to the media on Angelo State University's MAT's behalf without contacting the clinical education coordinator and/or program director. All media inquiries should be directed to them.

For more information

If you have questions or need further guidance, please contact the MAT clinical education coordinator and/or program director.

Licensed Athletic Training Students

By accepting admittance into the entry-level master's program at Angelo State University, students who are currently licensed in the state of Texas as an athletic trainer agree to the following:

1. Students may not work with any of the MAT's affiliated clinical sites as a licensed athletic trainer and may not receive monetary compensation from these sites.
2. Your clinical experience courses and assignments correlate directly with curriculum courses and when enrolled in the MAT students must comply with the clinical guidelines outlined in this Policy and Procedure Manual.
3. Students must be supervised during all clinical experiences while enrolled in the program.
4. Students may not substitute outside contract experience for the clinical experiences assigned by the MAT as part of the curriculum.

Failure to comply with these policies may subject you to disciplinary action up to and including dismissal from the MAT.

Health and Safety Policies

Students accepted into the Master of Athletic Training (MAT) Program must submit the following information in the upcoming year:

1. Physicals

Because of direct contact with athletes and patients at clinical sites, students are required to have a physical to submit verification that they meet the technical standards, essential eligibility requirements and program requirements of the program from a licensed physician.

2. Technical Standards

Angelo State University is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the University, or be subjected to discrimination by the University, as required by the Americans with Disabilities Act of 1990.

However, Angelo State University does not waive the published degree requirements for students. The faculty and administration will make a reasonable accommodation to assist qualified individuals with disabilities meet their degree requirements, consistent with the applicable provisions of Texas statutes and the Regents RULES AND REGULATIONS.

All students at Angelo State University must have the capacity and ambition to undertake, with reasonable assistance from the faculty and administration, the academic challenges necessary to fulfill the academic requirements for the degree or certification programs that they are pursuing.

All programs, services, and activities on the campus of Angelo State University are accessible to students with disabilities.

Students with disabilities who desire to live on campus will find housing and dining facilities available and accessible. Information about student services such as academic counseling, financial assistance, and student life programs can be obtained by contacting the Office of the Associate Dean for Student Services at (325) 942-2191 (located in the University Center, Room 112).

3. Immunizations

Students will be assigned to a number of health care facilities with a large number of patients and as a result, may be exposed to biohazards. Angelo State University MAT program requires that all students submit certification of certain immunizations prior to beginning enrollment. Texas state law requires certification in accordance with the following:

- a. *Tetanus and Diphtheria (TD)***-Students must document a TD immunization series and booster within 10 years of enrollment.
- b. *Polio***-Three doses if less than 18 years old. One dose if began college before 7/1/94.
Not required if born before 1957. Not required if measles diagnosed before 1994. Not required if protective antibody titer.
- c. *Mumps***-One dose if born 1957 or later. Not required if enrolled in college before 7/1/94. Not required if protective antibody titer.
- d. *Rubella (German Measles)***-One dose if less than 50 years old. Not required if older than 50 years old. Not required if began college after 30th birthday or before 2/1/89. Not required if protective antibody level.

4. Additional Requirements of Athletic Training Education Program

All athletic training students are required to complete a Hepatitis B immunization form. This form states that the immunization has already been given, that the immunization will be completed by a certain date or that the student chooses not to have the immunization. A waiver is required if the student refuses the immunization. (See Technical Standards)

5. Communicable Disease Policy

a. Students with communicable diseases must be released by a physician before being allowed to return to their clinical assignment.

b. Students are also asked to comply with the following communicable disease policy during clinical rotations:

The following policies are designed to protect both the athletic training student and the student-athlete or patient from the spread of communicable diseases.

1. Athletic training students with contagious or potentially contagious illnesses should avoid direct patient contact, regardless of clinical setting.

a. Students suffering from a cold, sore throat, respiratory illness, intestinal illness, or other condition with an oral temperature of 101° or greater should report to the student health center.

b. If a student must miss a class or clinical assignment due to illness, they should contact their instructor prior to their absence. If unable to contact their instructor prior to class, students should contact him/her as soon as possible after the conclusion of their class.

c. Upon returning to their class or clinical assignment, students should submit a note from the student health center documenting their illness.

2. Athletic training students should always practice sound prevention techniques in the healthcare environment (i.e., regular hand washing, secretion and cough management, wearing gloves when appropriate, etc.)

3. Athletic training students should always cover all open wounds or cuts before treating patients.

4. If an athletic training student suspects that he/she has a medical condition that may impact the safety of the patient, the student must inform the clinical preceptor and/or the clinical education coordinator or program director as soon as possible. These diseases are as follows, but not limited to:

- | | |
|--------------------------|-----------------------|
| a. Chickenpox | j. Influenza |
| b. Conjunctivitis | k. Lice (Pediculosis) |
| c. Diarrhea | l. Measles (Rubeola) |
| d. Diphtheria | m. Mumps (Parotitis) |
| e. Group A-streptococcal | n. Meningitis |
| f. Hepatitis A, B, or C | o. Pertussis |
| g. Herpes Simplex | p. Rabies |
| h. HIV | q. Rubella |
| i. Impetigo | r. Scabies |

Master of Athletic Training Program
Requirements Prior to Start of Clinical Rotations

General Requirements

Students must meet the following requirements (have documented proof on file) prior to the start of the MAT program's clinical rotations:

Health Requirements

- Completed Student Medical History Form.
- MMR (Measles, Mumps, Rubella) by exposure, immunization, or titer.
- Evidence or vaccination against *Hepatitis B or a signed statement of declination of the vaccination.
- Hepatitis B immunization is a series of three (3) injections that are given over a 6-month period.
- Students may participate in full-time clinical internships after completing the first two (2) injections.
- Students should plan ahead to be sure that they will be able to obtain the third injection at the time that is due. Students have the option to decline (See Hepatitis B Vaccine Declination Form).
- Evidence of immunity against Chicken Pox by history, vaccination or lab tests (titer).
- Tetanus/Diphtheria (must be current within 10 years)

- ***Additionally, the following health requirements must be met annually. It is the responsibility of the student to present documentation of completion of this requirement yearly to the Program Director:*** Tuberculosis (Mantoux/P.P.D.)

The student must understand that some clinical facilities to which they may be assigned may have **other health requirements** that the student will be required to meet at the student's expense. Female students who become pregnant during any phase of the MAT will be required to obtain a physician release to participate in didactic laboratory session and clinical internships.

Current CPR Certification – Each student must provide documentation of valid CPR certification. CPR training may be obtained from the American Heart Association (Level C) or the American Red Cross (BLS, Adult Child Professional rescuer [2-man CPR]). It is the student's responsibility to maintain CPR certification until graduation.

Malpractice/Liability Insurance- Each student will obtain malpractice/liability insurance coverage in the amount of \$1,000,000/\$3,000,000. Proof of coverage must be submitted each year to the Program Director. {One provider is HPSO (Healthcare Providers Services Organization) – www.hpso.com or 1-800-982-9491

Athletic Training Student Clinical Duties and Responsibilities

Clinical Experience Rotations:

Clinical placements are non-discriminatory with respect to race, color, creed, religion, ethnicity, age, sex, disability, sexual orientation, or other unlawful basis. Clinical assignments are made based on accreditation requirements, course sequencing, site and preceptor availability, and student needs. A student's preference will be considered but is not guaranteed. Effort will be made to assign second year, Spring semester students at a clinical experience consistent with their career plans.

Each athletic training student will be assigned a variety of clinical experiences. Clinical rotations include: equipment intensive (football), upper extremity (volleyball, baseball, golf, and softball), lower extremity (women's soccer, men's and women's basketball, cross – country, and track and field), individual and team sports, and general medical. Students will experience both male and female sports during their rotations. **Each student receives an electronic copy of the Clinical Site EAPs for each site that they attend. They are also required to review the information with their preceptors during their initial orientation at each site.**

Athletic Training is a profession, which takes a great deal of dedication and work without much credit. Prioritize your extracurricular activities, and you will achieve success. Thanksgiving, Christmas, and Spring Break for athletic training students are unlike that of the average student. Be prepared to attend your clinical site holidays and weekends if required by the assigned clinical preceptor.

You will be scheduled according to your clinical assignment and level in the program. A list of duties is provided to give you an idea of things that need to be done each day. Many more things will be needed that are not listed. **It is the responsibility of every athletic training student to see that all tasks are completed.**

Athletic Training Room Duties

1. Keep yourself and the athletic training room clean at all times. **This is a healthcare facility.**
2. Never leave a patient unattended in the athletic training room/rehab room.
3. Report for times assigned promptly. Be ready to learn when you arrive. Take care of personal business on your own time.
4. Observe athletic training room activities closely.
 - a. Keep a watchful eye on the hydrotherapy room, the rehabilitation room, and the main treatment facility.
 - b. Meet the patients. Personally apply the modality on the patient.
 - c. Show an interest in the patients. Listen to what they have to say.
5. Do not sit on desks, cabinets, tables or rehabilitation equipment.
6. Ask the patient to remove their shoes upon entering the athletic training facility.
7. The athletic training room is not a social hangout. Only persons assigned or needing treatment are allowed in the athletic training room. This includes athletic trainers, equipment managers, athletic coaches, and athletes.
8. You may be required to be present for early morning treatments/rehabilitation, as well as weekend medical services.
9. Athletic training students are required to practice universal precautions to prevent transmission of blood borne pathogens.

Daily Tasks

1. Keep treatment sheet and equipment checkout list updated.
2. Maintain safe and sanitary conditions in the athletic training room and on the practice and competition surfaces by being alert and aware of everything going on.
3. Document clinical hours daily (these hours will be turned into the Program Director at the end of each month).
4. Cleaning of the athletic training treatment areas, hydrotherapy room, and rehab room.

Record Keeping

1. All treatments are documented on the daily treatment sheet.
2. All rehabilitation is documented on the rehabilitation sheet.
3. All hospital information and referral slips are made out properly and recorded promptly.
4. All injury reports are filled out as quickly as possible after the injury occurred and are filed in the patient's permanent records.
5. All athletic injury reports are filled out and given to an athletic coach by staff athletic trainer in charge of sport. A copy is placed in that sport's main file.
6. All medications dispensed from the athletic training room must be documented in the staff athletic training office.
7. All treatment and rehab sheets should be entered daily.

Athletic Equipment

1. Have respect for ASU athletic equipment. If you use it, then you put it back where you got it.
2. Keep equipment clean and orderly.
3. Use equipment with care to avoid damage.
4. Report damaged and/or lost equipment to staff athletic trainers.

Practice/Game Responsibilities and Medical Treatment

When you have been given the responsibility to cover a practice or competition with a clinical preceptor, you must give it your undivided attention. Seeing an incident is very important because most of the athletes will not remember or be able to give you as much information. You are also responsible for the prevention of injuries. This calls for identifying possible dangerous situations and watching athletes for abnormal behaviors. **This cannot be accomplished when catching footballs, shooting basketballs, or doing homework.** Be aware of the practice/game environment. Keep this area free of dangerous obstacles that may contribute to injuries. If an emergency occurs, contact the appropriate emergency help and then be prepared to help the supervising athletic trainer. All medical services must be approved by the supervising clinical preceptor.

Statement on Professional Behavior Expectations

Athletic training students are required to demonstrate a high level of professionalism. Consequently, students enrolled in the MAT are expected to develop and demonstrate behaviors and attitudes consistent with those of the profession. Students must follow the NATA Code of Ethics. In addition to the Code of Ethics, the MAT at Angelo State University sets the following expectations for athletic training students.

1. Dependability
 - a. Students must be prompt, timely, and reliable.
 - b. Students must complete assignments and maintain a consistent level of performance
2. Professional Demeanor
 - a. Dress code policy is published in this manual and must be followed.

- b. Students must not use offensive language.
 - c. Students must demonstrate attentiveness, including posture that demonstrates interest, appropriate body language and tone of voice.
3. Confidentiality
- a. Policies regarding confidentiality must be followed.
 - b. Students must respect patient's needs.
 - c. Students must respect colleagues' needs.
4. Initiative
- a. In the classroom and at clinical sites, students must contribute to a positive learning environment, contributing to classroom discussions.
 - b. Participation must be appropriate and beyond "minimum" requirements.
 - c. Students should seek and utilize resources available.
5. Empathy
- a. Sensitivity to the needs of others is critical in the field of athletic training.
 - b. Students are encouraged to be perceptive
 - c. Being a good listener is necessary at all times.
6. Cooperation
- a. Teamwork is critical both on and off the field.
 - b. Cooperation is necessary to provide quality patient care.
 - c. Students are taught to respect others.
 - d. Students are encouraged to ask questions, when appropriate.
 - e. Students should use class time and time of peers wisely.
7. Truthfulness and Integrity
- a. Honesty is crucial when working in a health care environment.
 - b. Students are encouraged to be objective in decision-making.
 - c. Students assume responsibility for their own actions.
8. Organization
- a. Proper planning of schedules and assignments is expected.
 - b. Students must use resources conservatively, including supplies in the athletic training room.
 - c. Students are instructed to manage time appropriately.
9. Responsiveness
- a. Appropriately modify behavior based on evaluations, or verbal feedback from faculty and staff.
10. Supervisory Process
- a. Accepts criticism as part of the learning process.
 - b. Evaluates and performs duties within scope of competence.
 - c. Seeks advice when needed.
 - d. Assumes responsibility for actions.
11. Accountability
- a. Student is accountable for his/her own behaviors and decisions.

Attendance Requirements

As part of a professional program, students are expected to attend all class sessions and clinical education experiences. Class attendance policy is established by the instructor in each course. If circumstances arise which make it impossible for a student to attend class, the instructor should be notified and the work missed made up to the satisfaction of the instructor. If absences are excessive, the instructor may ask the student to withdraw from the class or recommend to the Department Chair that the student be asked to withdraw from the class, unless excused by the instructor. Individual instructors have their attendance policies in their class syllabus.

Clinical Preceptors in conjunction with the Clinical Education Coordinator/Program Director are to schedule a meeting with the athletic training student to arrange for an agreed upon clinical experience schedule. Students are expected to adhere to the agreed upon schedule. If circumstances arise which make it impossible for a student to attend their clinical site, the Clinical Preceptors should be notified in advance, and the hours missed must be made up to the satisfaction of the Clinical Preceptor. Students must also notify the Clinical Education Coordinator and/or Program Director if they will be missing any scheduled clinical education experiences. If absences are excessive, the Clinical Preceptor must notify the Clinical Education Coordinator promptly. The Clinical Education Coordinator and/or Program Director may ask the student to withdraw from the clinical education course, or recommend to the Dean that the student be asked to withdraw from the class.

Inclement Weather Statement

As an athletic training student you will be exposed to various weather conditions when you attend your clinical experience. These weather conditions may include rain, snow, heat, and cold. You are expected to attend your clinical experience assignments, unless extreme weather conditions exist. These extreme conditions are determined by the following guidelines.

1. Mandatory Angelo State University or school closings due to inclement weather.
2. Rain storms in which thunder and lightning are present.
3. Environmental conditions which present an immediate unsafe condition such as tornado warnings.

If any of the guidelines above are met, the athletic training student may approach the clinical preceptor and request permission to be reassigned and/or seek immediate shelter until the inclement weather conditions improve.

Leave of Absence

A student may request a leave of absence at any time during the program from the Program Director. The student must fill out a petition form for review by the Athletic Training Faculty.

Reasons for requesting a leave of absence might include:

- pregnancy
- acute injury/illness
- exacerbation of a chronic condition
- personal/family difficulties and/or problems

Students who are granted permission for a leave of absence normally re-enter the curriculum the following year at the beginning of the semester they were granted a leave of absence.

Students must petition their leave of absence and it must be approved by faculty.

Transportation of an Ill or Injured Patient

A student in the MAT should not be the primary driver in the transportation of an injured or ill patient, unless the necessary training and paperwork have been completed. An MAT student transporting an injured or ill patient is not under the direct (auditory and visual) supervision of their clinical preceptor, thus placing the patient at risk. Therefore, only patients/athletes deemed stable by the clinical preceptor

should be transported by a student. This should never be done without prior approval EACH TIME by the clinical preceptor.

Cell Phones

Cell phones are to be used for emergencies only while at the clinical education experience. Cell phones must not be used for personal calls or texts unless approved by the clinical preceptor.

Dress Code

Everyday:

1. ASU shirts only, preferably athletic training shirts.
2. Khaki pants, dress pants, or shorts [Khaki, or other types of shorts of respectable length [preferably black, blue, or gray.]
3. No skin-tight clothing and no cut-offs. Shorts must be of a respectable length.
4. Attire must be appropriate for a healthcare environment.
5. No sandals, open-toed shoes, high heels, or backless shoes. Tennis shoes or boots only.
6. No tank-tops. No visible mid-drifts. No “sagging” pants.
7. All caps must be ASU and faced forward, no other caps allowed.
8. No sunglasses allowed inside the athletic training room.
9. Proper under attire is required.
10. Clothes to clean in may be brought with you to work and/or game days.
11. No visible body piercing besides the ears.
12. Athletic training student must be well-groomed, i.e. facial hair trimmed, hair combed.

Indoor Sport Attire:

1. Athletic training students must be professionally dressed, this includes:
MEN: Dress slacks, dress shirt, and tie if required, dress shoes (no tennis shoes).
WOMEN: Dress slacks, skirts/dresses of respectful length (no mini-skirts), nice blouse or sweater (no tennis shoes).
2. Attire must be professional looking, but you must be able to work in it. This includes no short skirts.
3. Proper under attire is required.
4. No skin-tight clothing.
5. No spaghetti straps or tank tops.
6. No visible body piercing besides the ears.
7. Athletic training student must be well-groomed, i.e. facial hair trimmed, hair combed.

Outdoor Sport Attire:

1. Khaki shorts or pants will be worn.
2. Game shirts will be provided for certain sports.
3. Shirts must be tucked in at all times.
4. Shorts must be respectable length and no cut-off shorts are allowed.
5. Tennis shoes are recommended.
6. Jacket should be blue or black.
7. Caps must have an ASU logo.
8. No visible body piercing besides the ears.
9. Must be well-groomed i.e. facial hair trimmed, combed hair.

Name Tags:

All MAT students are required to wear nametags at all times during their clinical educational experiences. A student may not participate in the clinical education experience without a nametag. The nametag is to be worn on the upper chest, on the left or right. The nametag is considered to be part of the dress code.

Dress Code Violation:

Students in violation of the dress code will be asked to leave their clinical assignment, change into appropriate clothing, and return to the assignment immediately. Clinical preceptors may ask students not to return if dressed inappropriately.

Athletic Training Student Work-Related Relationships

During your time as an Athletic Training Student at Angelo State University, you will encounter many opportunities to speak with, interact, and observe other allied health professionals, coaches, and other individuals. Always act as a professional and a representative of Angelo State University. Remember that **COMMUNICATION** is key.

Team Physician:

The team physicians are an excellent source for gaining knowledge. You can learn a great deal just by watching them work and listening to them discuss injuries. Feel free to ask questions. All arrangements with the physicians will be made through the staff athletic trainers. However, if you are called upon to report to the physicians, be sure to give them detailed information, follow instructions immediately and efficiently, and report back to the staff athletic trainer as needed.

Program Director:

The Program Director is your direct supervisor in all academic policies as well as the overall MAT program.

ASU Clinical Staff Athletic Trainers:

The Head Athletic Trainer and/or Assistant Athletic Trainers are your immediate clinical supervisors, and you will be responsible to them at all times while serving in the clinical aspect of the program. Feel free to discuss anything with them at any time. Certified Graduate Assistants are to be considered your immediate clinical supervisors as well.

Off Campus Clinical Preceptors:

When you are assigned to a clinical site off campus you are expected to represent ASU with the highest form of professionalism and ethics. You will be supervised by the Clinical Education Coordinator as well as the off campus clinical preceptor.

Athletic Coaches:

This is a critical relationship. A student's experience will be enhanced if they learn to work well with coaches. Again communication is imperative. Students are expected to keep coaches informed about the status of injured players, the athlete's compliance with rehabilitation and treatment, and any potential problems that they encounter with supervision and direction from their immediate supervising clinical preceptor.

A daily or weekly injury report may be given if the athletic coach requests one. It should always be verified by the staff athletic trainer of that sport. Never argue with the athletic coach. Always be cooperative, tactful, and courteous with the coaches. If a conflict arises between a student and a coach, the student must report directly to the supervising clinical preceptor.

The Media, General Public and Others:

The media and general public may ask you questions as to the health of an ASU athlete. This information is CONFIDENTIAL AND IS NOT TO BE DISCUSSED OUTSIDE THE CONFINES OF THE ATHLETIC TRAINING ROOM. Any information that is released is done by ASU officials only. If the media presses for answers to specific questions, refer them to the Sports Information Department.

ASU Athletes:

You should maintain a professional relationship with the ASU athletes. Respect is very important, you need to gain the athlete's respect in order for them to confide and trust in you. Do not become involved

in confrontations with athletes. If a confrontation develops, consult the staff athletic trainer immediately. Disrespect by an athlete toward an athletic training student will not be tolerated. If you have a problem with an athlete you should let your supervising athletic trainer know immediately!

Scenario:

Calmly explain the situation to the athlete. If the athlete still has a problem being rude and disrespectful, request another athletic training student assist with this athlete. If athlete still persists, request that the certified graduate assistants, assistant athletic trainers, and/or the head athletic trainer help resolve their behavior.

Touching:

The nature of our business requires the use of touch. However, you must remember that all athletes have a different comfort level with being touched. The athlete is never to be made uncomfortable with touching in the athletic training room. Any excess or inappropriate touching will not be tolerated.

Romantic Involvement:

The general rule at Angelo State University is that your personal life is private until it becomes an issue in the MAT program, the athletic training room, and/or in the athletic department. It is strongly discouraged for athletic training students to date members of the athletic coaching staff, athletic training faculty, and other employees of the athletic department. There is no prohibition against athletic training students dating and/or becoming otherwise romantically involved with student athletes or other athletic training students. However, athletic training students shall not conduct the activities involved in dating or romantic involvement, including discussions of plans or dates while on duty. The athletic training room is not to be used as a dating service. Also, if such relationship detracts from the normal operation of the athletic training room, it may necessitate the reassignment or removal of the parties involved. Problems in this area should be brought to the attention of the Clinical Education Coordinator and/or Program Director or a member of the athletic training staff.

Engagement/Marriage/Pregnancy Policies

Engagement:

There is no rule against becoming engaged before entering the Masters of Athletic Training (MAT) Program or while in the MAT. We understand it takes quite a bit of time, but your personal business should be conducted on your personal time, not during the hours you are committed to participate in your clinical rotations.

Marriage:

Here again there are no rules against becoming married or already married while in the MAT at ASU. Your personal time is your personal time. It should not interfere with your clinical rotations and/or the hours you are required to maintain at your clinical site. Your personal life should be conducted on your time not on the program's time.

Pregnancy:

While enrolled in the MAT, if you become pregnant the following must be complied with before you can continue with the program.

1. A written physician's note stating you are released to complete your clinical assignments; listing what restrictions and limitations you have. This note should also include the length of time you can work at full duty status.

2. Be expected to attend your clinical assignment as long as you can without putting you or your child in danger. You may then be reassigned to a less strenuous clinical rotation according to your physician's recommendations.

3. Physician's appointments must be made on your personal time not on the days/times you are to attend your clinical assignment.

4. If the pregnancy occurs during your clinical rotations that are in off campus sites, you must have a physician's note that you are able to attend your clinical experience in those affiliated sites.

Grievance Procedures

If at any time an athletic training student has a problem with an athlete, athletic coach, or clinical rotation the athletic training student should report to the clinical preceptor supervising the student. If the problem is with a clinical preceptor or another athletic training student, the student should go to the clinical education coordinator and/or program director.

An athletic training student who believes they have been discriminated against or sexually harassed should report the conduct immediately to the supervising clinical preceptor and it should be documented.

Other grievance procedures are located in the 2022-2023 in the Academic Catalog.

Violations of the University Code of Student Conduct witnessed by the Clinical Education Coordinator, Program Director, an athletic trainer or athletic coach, results in:

First violation: The athletic training student receives a verbal warning and correction by their supervising clinical preceptor. The student will receive a letter from the Clinical Education Coordinator and/or Program Director in their file.

Second violation: The athletic training student receives a written warning by their supervising clinical preceptor with approval of the Clinical Education Coordinator and/or Program Director and may reassign duties. The student will receive a letter from the Clinical Education Coordinator and/or Program Director in their file.

Third violation: After a thorough review by the Clinical Education Coordinator, Program Director and the athletic training faculty, the athletic training student may be permanently dismissed from the MAT program.

OSHA Policy

Each individual affiliated site is required to have in place an OSHA (Occupational Safety and Health Administration) policy regarding the potential exposure to blood borne-pathogens and biohazardous waste. Each facility is responsible for notifying athletic training students of the location of the personal protective equipment, the policies regarding universal precautions, and the appropriate reporting procedures for that specific facility.

Angelo State University's MAT provides Bloodborne Pathogen training to all students in the program on an annual basis. All athletic training students are required to provide documentation of Hepatitis B vaccination or sign a declination form. Vaccination information is available in the students' academic folder and must be requested from the Program Director.

In the event that an athletic training student is exposed to a potentially infected agent during the course of their clinical education:

1. The student must follow the facility's published biohazard protocol, notify their Clinical Preceptor immediately, and notify the Program Director within 24 hours of exposure.
2. The Clinical Education Coordinator and/or Program Director will ask that the student to complete a report on the incident.
3. The Clinical Education Coordinator and/or Program Director will refer the athletic training student to the Student Health Center for examination.
4. After initiating the appropriate referral, the Clinical Education Coordinator and/or Program Director will contact the Clinical Preceptor and ask them to complete a report of the incident.
5. The originals of all forms will be kept in the Department of Health Science Professions and copies of both forms will be distributed to the student's athletic training permanent record, the Medical Director, and the affiliated site.
6. Any charges that result from an exposure will first be filed with the students' primary medical insurance.

Universal Precautions to Blood-borne Pathogens

"Universal Precautions" are guidelines that assume all patients/persons/student-athletes and/or their blood and body fluids are considered infected with a blood borne pathogen so that simple practices can be instituted to protect athletic training students for risk of exposure. In reality, most people are completely free of blood borne pathogens and therefore not infectious, but this precaution is to protect all caregivers from that one exposure that just might be infectious.

Athletic training students complete their clinical experiences in healthcare environments therefore blood-borne pathogens are present. To greatly reduce the risk of acquiring a disease, athletic training students must protect themselves before dealing with any body fluids.

A. Reducing the Risk. To reduce the risk, athletic training students must follow these steps:

1. Properly cover any wounds you may have prior to attending your clinical experience.
2. When dealing with any blood and/or body fluids, wear a pair of disposable gloves, eye/face

shield, and/or gown or apron. All personal protective equipment must be changed after each contact with a different patient.

3. Properly dispose all material used that was exposed to blood and/or body fluids: i.e. - gloves, gauze, tape, and other materials used to contain the body fluids in the Biohazard bags and/or containers.
4. After caring for the patient, make sure you wash your hands and other skin surfaces that have been contaminated with blood and other body fluids immediately and thoroughly for at least 15 seconds before attending to the next athlete. Hands should be immediately and thoroughly washed after glove removal.
5. Although saliva has not been documented as a transmission mode for HIV exposure, disposable mouthpieces, resuscitation bags, and other ventilation devices will be used if the need arises for CPR and/or rescue breathing.
6. All athletic training students and faculty who have exudative and/or open lesions or weeping dermatitis will report directly to the clinical instructors. They may be required to refrain from all direct patient care and from handling patient's equipment until the condition resolves.
7. All blood, body fluids, and tissue spills must be cleaned promptly with a bleach solution.

B. Body Fluids. Body fluids are fluids that have the potential of carrying any blood borne pathogen. Potentially dangerous body fluids Include:

1. Any visible blood.
2. Any blood saturated article of clothing, towels, and medical supplies.
3. Any lesion that shows signs of infection.
4. Any fluids that show signs of puss

C. Biohazard Cans. Biohazard cans are containers that are painted red and that are lined with special labeled red bags. These containers are only for the disposal of blood borne pathogen waste. The articles that are to be placed in these cans are:

1. Any gauze that contains blood and/or body fluids.
2. All gloves used to tend to the patient.
3. All cotton tipped applicators used to spread ointment, bandages and Band-Aides, and tape that contains body fluids.

Also note the following:

- a. All articles that are not in contact with body fluids need to be placed in the trash not the biohazard bags and/or containers.
4. Biohazard waste from an away contest must be disposed of in the host's biohazard containers or in a biohazard bag in his/her kit, and then dispose of the material when he/she arrives back at the university.

D. Disposal of Bloody or Soiled Towels. If a cloth towel is used to control bleeding or clean up bloody or soiled items such as uniforms, tables, and floors, the following steps are to be used to clean the towel:

1. Place the towel in a separate biohazard bag.
2. The towel must be taken to the equipment room for proper cleaning.
3. The towel is not to be used until it has been properly cleaned.

E. Sharps Container. The sharps container is the red container used to collect the following sharp medical instruments: scalpels, needles', and suture kits. The following steps are to be used when placing a used sharp instrument in the sharp's container:

1. Do not touch the sharp end of the instrument with your hand.
2. Use forceps to remove the blade from a scalpel, if it is a disposal blade.
3. Place the sharp instrument in the sharps container.

Scholarships

A. Carr Graduate Scholarships are ASU's premier scholarships for graduate students. Awards are based on undergraduate GPA. Students are considered for the Carr Graduate Scholarship upon their acceptance into the College of Graduate Studies. No application is required.

Full-time out-of-state and international students who are awarded Carr Graduate Scholarships and/or other competitive scholarships of \$1,000 or more typically are allowed to pay the tuition and fees rates required of Texas residents.

B. Athletic Training scholarships from the NATA and SWATA are available to student members on a very limited basis following demonstration of responsibility, academic achievement and mastery of athletic training competencies.

Fees Associated with MAT

Listed below are projected expenses the student will incur while enrolled in the Master of Athletic Training (MAT) Program. All costs are approximate and subject to change.

Projected Tuition and Fees for the 2021-2022 academic year

Tuition and Fees	In-State \$11,651 (1 st year – 31 credit hours) \$8,146 (2 nd year – 21 credit hours) Out-of-State \$24,461 (1 st year – 31 credit hours) \$16,735 (2 nd year – 21 credit hours)
Parking	\$90 per year
Liability Insurance (required annually)	\$36.00 per year
Professional Rescuer Certification	\$50.00 for 2 years
Health Related Requirements	
• Physical	Variable
• Required Immunizations	Variable
• Drug Testing	\$25.00 per year
• Flu Shot	Variable (Free-\$25) per year
Textbooks	Variable, \$300-\$500 per semester
Memberships (annually)	\$80.00 NATA
BOC, Inc. Examination	\$330.00
Uniforms	\$10-\$15 per shirt \$25-\$40 per polo \$10 Nametag
Background Check	\$50
Travel	Students will be responsible for expenses incurred traveling to clinical sites.

Definitions

Clinical Preceptor: a BOC certified athletic trainer (ATC) or appropriately credentialed health care professional with a minimum of one year of work experience, and who completes Angelo State University clinical preceptor training. A Clinical Preceptor provides formal instruction and/or evaluation of Athletic Training Educational Competencies through direct supervision of athletic training students.

Athletic Training Student: Any student admitted into the Angelo State University MAT Program. The student MUST be supervised by Clinical Preceptor. At no time may the student engage in athletic training practices without direct supervision of a Clinical Preceptor. The student will limit the scope of practice to his/her appropriate level within the ASU MAT Program. AT NO TIME will a student perform any action that is not within their appropriate level of skill. Once an injury occurs or a treatment/taping situation arises, the student will make certain that a Clinical Preceptor is present before proceeding. The student will not portray himself or herself as an athletic training student unless supervised by an Angelo State University Clinical Preceptor. The student WILL NOT practice athletic training without a Clinical Preceptor present.

Certified Athletic Trainer (ATC): a “highly educated and skilled professional specializing in athletic health care. In cooperation with physicians and other allied health personnel, the athletic trainer functions as an integral member of the athletic health care team in secondary schools, colleges and universities, sports medicine clinics, professional sports programs and other athletic health care settings. As specialists in the prevention, recognition and rehabilitation of injuries incurred by athletes, athletic trainers administer immediate emergency care and – under the supervision of a licensed physician – use their knowledge of the injuries incurred by the physically active individual and the factors influencing them to develop a treatment program based on medical, exercise and sports sciences.” – NATA

Clinical Education: “The portion of the students’ professional education which involves practice and application of classroom knowledge and skills to on-the-job responsibilities. This occurs at a variety of sites and includes evaluation and patient care, administration, research, teaching, and supervision. It is a participatory experience with limited time spent in observation.” – NATA Ed. Council

Clinical Proficiencies: The entry-level athletic training clinical proficiencies define the common set of skills that entry-level athletic trainers should possess and redefine the structure of clinical education from a quantitative approach to an outcomes-based qualitative system.

Clinical Setting: A clinical environment where health care services are provided. The clinical setting shall include the athletic training facility, athletic practices, and competitive events. Additional clinical settings may be utilized and may include sports medicine clinics, physical therapy sites, and/or rehabilitation clinics, university and college health centers, hospital emergency rooms, physician’s offices, or other appropriate health care settings. The student must be supervised by an appropriate clinical preceptor in these settings.

Educational Competencies: “The educational content required of entry-level MAT programs described as educational objectives. The competencies encompass three domains: cognitive (knowledge and intellectual skills), psychomotor (manipulative and motor skills), and Clinical Proficiencies (decision making and skill integration).

The educational competencies are subdivided into 12 content areas:

- Evidence-Based Practice
- Prevention and Health Promotion
- Clinical Examination and Diagnosis

- Acute Care of Injury and Illness
- Therapeutic Interventions
- Psychosocial Strategies and Referral
- Health Care Administration
- Professional Development and Responsibility

Learning over time: the documented continuous process of skill acquisition, progression, and student reflection throughout an athletic training student's progression in the program.

Module: a learning experience intended to assess an athletic training student's ability to integrate their classroom and laboratory knowledge and skill into the practical environment for athletic training. Modules are intended to be completed as "teachable moments" arise during the course of clinical education and field experience. If "teachable moments" do not arise, instructors will devise mock patient scenarios to assess a student's abilities. 100% of the modules must be passed in order to pass a clinical education course.

Performance evaluation: The documentation of a student's clinical skills, affective domain characteristics, and personal attributes as demonstrated during the clinical education. Performance evaluations are used to assign grades for a clinical education course.

Professional Organizations

NATA: The National Athletic Trainers' Association (NATA) is a not-for-profit organization with more than 22,700 members worldwide. The NATA is committed to advancing, encouraging and improving the athletic training profession.

Founded in 1950 with a membership of 200 athletic trainers, the NATA is based in Dallas, Texas, and provides a variety of services to its membership including continuing education, governmental affairs, and public relations. The NATA also publishes the *Journal of Athletic Training*, a quarterly scientific journal, and *NATA News*, a monthly membership magazine. Student membership is available and applications may be found on the web. The web site for the NATA is www.nata.org.

SWATA (District 6): The purpose of the Southwest Athletic Trainers' Association (SWATA) shall be to enhance the quality of healthcare for the physically active; to promote the highest possible standards of the athletic training profession; to promote a better working relationship among those who work toward the care and prevention of athletic injuries; and to promote the free exchange of ideas and information within the Association. The web site for SWATA is www.swata.com.

TSATA: The purpose of the Texas State Athletic Trainers' Association is:

- Section 2.1 To own, operate, and maintain an association exclusive to the promotion, enhancement, and advancement of the athletic training profession.
- Section 2.2 To do what is proper and necessary for the accomplishment of the purposes set forth in the statement of principles adopted by the founders of the association.
- Section 2.3 To promote the above stated aims and purposes, to advance the interests of the membership by all legitimate means.
- Section 2.4 Texas State Athletic Trainers' Association will not carry on any activities not permitted to be carried on by a non-profit organization. No part of the net earnings of TSATA shall insure to the benefit of any private member or individual. The web site for TSATA is www.tsata.com.

NATA CODE OF ETHICS

PREAMBLE

The National Athletic Trainers' Association Code of Ethics states the principles of ethical behavior that should be followed in the practice of athletic training. It is intended to establish and maintain high standards and professionalism for the athletic training profession.

The principles do not cover every situation encountered by the practicing athletic trainer, but are representative of the spirit with which athletic trainers should make decisions. The principles are written generally; the circumstances of a situation will determine the interpretation and application of a given principle and of the Code as a whole. When a conflict exists between the Code and the law, the law prevails.

PRINCIPLE 1:

Members shall respect the rights, welfare and dignity of all.

- 1.1 Members shall not discriminate against any legally protected class.
- 1.2 Members shall be committed to providing competent care.
- 1.3 Members shall preserve the confidentiality of privileged information and shall not release such information to a third party not involved in the patient's care without a release unless required by law.

PRINCIPLE 2:

Members shall comply with the laws and regulations governing the practice of athletic training.

- 2.1 Members shall comply with applicable local, state, and federal laws and institutional guidelines.
- 2.2 Members shall be familiar with and abide by all National Athletic Trainers' Association standards, rules and regulations.
- 2.3 Members shall report illegal or unethical practices related to athletic training to the appropriate person or authority.
- 2.4 Members shall avoid substance abuse and, when necessary, seek rehabilitation for chemical dependency.

PRINCIPLE 3:

Members shall maintain and promote high standards in their provision of services.

- 3.1 Members shall not misrepresent, either directly or indirectly, their skills, training, professional credentials, identity or services.
- 3.2 Members shall provide only those services for which they are qualified through education or experience and which are allowed by their practice acts and other pertinent regulation.
- 3.3 Members shall provide services, make referrals, and seek compensation only for those services that are necessary.
- 3.4 Members shall recognize the need for continuing education and participate in

- educational activities that enhance their skills and knowledge.
- 3.5 Members shall educate those whom they supervise in the practice of athletic training about the Code of Ethics and stress the importance of adherence.
 - 3.6 Members who are researchers or educators should maintain and promote ethical conduct in research and educational activities.

PRINCIPLE 4:

Members shall not engage in conduct that could be construed as a conflict of interest or that reflects negatively on the profession.

- 4.1 Members should conduct themselves personally and professionally in a manner that does not compromise their professional responsibilities or the practice of athletic training.
- 4.2 National Athletic Trainers' Association current or past volunteer leaders shall not use the NATA logo in the endorsement of products or services or exploit their affiliation with the NATA in a manner that reflects badly upon the profession.
- 4.3 Members shall not place financial gain above the patient's welfare and shall not participate in any arrangement that exploits the patient.
- 4.4 Members shall not, through direct or indirect means, use information obtained in the course of the practice of athletic training to try to influence the score or outcome of an athletic event, or attempt to induce financial gain through gambling.

Confidentiality Agreement – HIPAA and FERPA

Students in the Masters of Athletic Training (MAT) Program at Angelo State University will have access to medical information of actual patients and/or student-athletes in various types of health care facilities and in the classroom. Two factors must be considered that are relative to student use of medical information:

1. Legally, the information belongs to the patient and/or student-athlete. Any violation of the confidentiality of patient information is punishable in a court of law.
2. The professional code of ethics of the National Athletic Trainers' Association stipulates that maintaining confidentiality of patient information is a part of professional responsibility and integrity.

Medical Records in all clinical education facilities contain actual data and must never be physically removed from the facility, either in whole or in part, nor photocopied for removal purposes.

I understand that all information contained in student-athlete and/or patient files, both paper and electronic, is confidential and subject to the provisions of the Family Educational Rights and Privacy Act of 1974.

I understand that it is the policy of Angelo State University that all information contained in student-athlete and/or patient files, both paper and electronic, is confidential.

I understand that it is the policy of Angelo State University that any discussion regarding any student athlete and/or patient, which I might hear while at my clinical site is confidential.

I understand that it is the policy of Angelo State University that I must not seek access to any student athlete and/or patient files or other confidential information unless I am specially asked to do so by my clinical supervisor.

I understand that any information I see, hear, or otherwise obtain about any student-athlete and/or patient during my clinical assignment must not be divulged or discussed.

I understand that any information about any student-athlete and/or patient should not be divulged or discussed at my clinical site except as required for patient care.

I understand that violation of any of the above rules is a serious matter and can result in termination from my position and/or other disciplinary actions.

Having read the above, I do agree to maintain the confidentiality of all pertinent information to which I am exposed to as an MAT Student at Angelo State University. I have discussed the above information with the athletic training staff and do agree to abide by all athletic training policies, rules, and University regulations.

Print Name: _____

Signature: _____

Date: _____

Masters of Athletic Training (MAT) Program Technical Standards

Program Policy:

The MAT supports the mission of Angelo State University provides access to undergraduate and graduate students to prepare a globally diverse, reflective, service oriented, and flexible athletic trainer practitioner capable of multiple styles of thinking and learning. Enrolled students are expected to complete academic and clinical requirements of the professional program. The purpose of this document is to broadly delineate the cognitive, affective, and psychomotor skills deemed essential for completion of this program and performance as a competent athletic trainer. Candidates for the degree must be able to meet these standards for completion of degree requirements.

The MAT Program at Angelo State University is a rigorous and intense program that places specific requirements and demands on the students enrolled. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the MAT Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency the (Commission on Accreditation of Athletic Training Education [CAATE]). All students admitted to the MAT Program must meet the requirements for the following abilities and skills. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Reasonable Accommodation or Students with Disability:

Angelo State University is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or denied the benefits of the services, programs, or activities of the University, or be subjected to discrimination by the University as required by the Americans with Disabilities Act of 1990. However, Angelo State University does not waive the published degree requirements for students. To the extent practical, the faculty and administration will make a reasonable accommodation to assist qualified individuals with disabilities to meet their degree requirements, consistent with the applicable provisions of Federal and Texas laws and the Regents Rules and Regulations.

All students at Angelo State University must have the capacity and ambition to undertake, with reasonable assistance from the faculty and administration, the academic challenges necessary to fulfill the academic requirements for the degree or certification programs that they are pursuing.

All programs, services, and activities on the campus of Angelo State University are accessible to students with disabilities. Students with disabilities who desire to live on campus will find housing and dining facilities available and accessible. Information about student services such as academic counseling, financial assistance, and student life programs can be obtained by contacting the Office of the Associate Dean for Student Services at (325) 942-2191 (located in the University Center, Room 112).

Technical Standards:

Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam. Candidates for selection to the MAT Program must demonstrate cognitive, affective, and psychomotor skills.

A. Cognitive skills to be demonstrated in all classroom, laboratory, and clinical situations:

1. The athletic training student must possess the ability independently to measure, calculate, reason, analyze, integrate, retain, synthesize and assimilate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Examples of such behaviors:
 - a. Students must be able to read, write, speak and understand English at a level consistent with successful course completion and development of positive patient/athlete-athletic training student relationship.
 - b. Students must exercise sound judgment.
 - c. Students must be able to plan and supervise intervention procedures in a safe manner.
 - d. Perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
 - e. Students must have the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively.
3. The athletic training student must maintain composure and continue to function well during periods of high stress.
4. The athletic training student must possess the ability to adjust to changing situations and uncertainty in clinical situations.

B. Affective skills to be demonstrated in all classroom, laboratory, and clinical situations:

1. The athletic training student must possess the emotional health and stability required to fully utilize their intellectual abilities, to adapt to changing environments and to function effectively in stressful situations.
2. The athletic training student must demonstrate ethical behaviors in compliance with the ethical standards of the National Athletic Trainers' Association.
3. The athletic training student must be able to communicate in both oral and written form with patient/athlete and other members of the health care community to:
 - a. Effectively and sensitively elicit information.
 - b. Convey information essential for safe and effective care.
4. The athletic training student must be aware of and interpret non-verbal communications.
5. The athletic training student must be able to acknowledge and respect individual values and opinions to foster harmonious working relationships with colleagues, peers, and patient/athletes.
6. The athletic training student must possess appropriate demeanor and rapport that relate to professional etiquette and quality patient care.

C. Psychomotor skills to be demonstrated in all classroom, laboratory, and clinical situations:

1. The athletic training student must have sufficient motor function as reasonably required to:
 - a. Safely provide general assessment/evaluation, treatment procedures, and rehabilitation/reconditioning intervention procedures as identified in the NATA Educational Standards.
 - b. Perform CPR according to the guidelines of the American Heart Association or the American Red Cross.
 - c. Perform basic first aid according to the guidelines of the American Red Cross.
2. The athletic training student must have sufficient coordination and balance in sitting and standing positions to safely engage in athletic training procedures such as:
 - a. Moving and positioning patients/athletes.
 - b. Gait training.
 - c. Stabilizing and supporting patients/athletes.

3. The athletic training student must have sufficient coordination and balance in sitting and standing positions to engage in fine muscular movements required for safe and effective manipulation of equipment and tools used in patient/athlete assessment/evaluation, treatment procedures and rehabilitation/reconditioning intervention procedures.
4. The athletic training student must have visual acuity necessary to obtain accurate information from patient/athlete and the treatment environment in performance of routine athletic training activities such as:
 - a. Observing and inspection of patient/athlete movements and postures.
 - b. Reading dials/monitors/displays on equipment.
 - c. Reading digits/scales on diagnostic tools.
 - d. Ability to record the physical examination results and a treatment plan clearly and accurately.
5. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely, and efficiently use equipment and materials during the assessment and treatments of patients.

Candidates for selection to the Masters of Athletic Training (MAT) Program will be required to verify they understand and meet these technical standards or that they believe they can meet the standards. The Office of Student Life will evaluate a student who states he/she could meet the program's technical standards and confirm that the stated condition qualifies as a disability under applicable laws. If a student states he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards; this includes a review as to whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences, and internships deemed essential to graduation.

I certify that I have read and understand the technical standards for each selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

Name of Applicant: _____ Date: _____

Signature of Applicant: _____

Statement for students requesting accommodation:

I certify that I have read and understand the technical standards for selection listed above and I believe to the best of my knowledge that I can meet each of these standards. I will contact the Office of Student Life to determine what may be available. I understand that if I am unable to meet these standards, I will not be admitted into the program.

Name of Applicant: _____ Date: _____

Signature of Applicant: _____

**Angelo State University
Master of Athletic Training Program**

Hepatitis B Vaccine Declination

I understand that due to my occupational exposure to blood or other potentially infectious materials, I may be at risk of acquiring Hepatitis B virus (HBV) infection. I have been given the opportunity to be vaccinated with Hepatitis B vaccine, at my own expense. However, I decline Hepatitis B vaccination at this time. I understand that by declining this vaccine, I continue to be at risk of acquiring Hepatitis B, a serious disease.

I also understand that I may be refused placement at clinical sites that require proof of Hepatitis B vaccination. If in the future I continue to have occupational exposure to blood or other potentially infectious material and I want to be vaccinated with Hepatitis B vaccine, I can initiate the vaccination series.

Name of Student (Print)

Signature of Student

Date

Signed Verification of MAT Policy and Procedure Manual

I, _____, have read, understand, and am willing to
(Printed Name)

comply with the ASU Masters of Athletic Training (MAT) Entry-Level Student Policy and Procedure Manual.

Signature: _____

Date: _____

APPENDIX A

ASU, ACHHS, and the MAT Policy and Procedure URLs

Academic Calendars: https://www.angelo.edu/current-students/registrar/academic_calendar.php

Academic Curriculum and Course Sequence: <https://www.angelo.edu/academics/programs/athletic-training-mat/two-year-plan-masters-only/>

Admission Process: <https://www.angelo.edu/academics/programs/athletic-training-mat/admission/>

Costs: <https://www.angelo.edu/academics/programs/athletic-training-mat/>

Catalogs: <https://www.angelo.edu/academics/catalog/>
<https://www.angelo.edu/live/files/27364-2020-2021-graduate-catalog-editable>

Criminal Background Check: <https://www.angelo.edu/academics/programs/athletic-training-mat/>

Degree Requirements - <https://www.angelo.edu/live/files/27364-2020-2021-graduate-catalog-editable>

Financial Aid - <https://www.angelo.edu/admissions-and-aid/paying-for-college/>

Grade Policies - <https://www.angelo.edu/live/files/27364-2020-2021-graduate-catalog-editable>

Immunization Requirements – Pages 26-28 of the MAT Policy and Procedure Manual found at:
<https://www.angelo.edu/academics/programs/athletic-training-mat/>

Travel Expectations -

Matriculation Requirements - <https://www.angelo.edu/live/files/27364-2020-2021-graduate-catalog-editable>

Nondiscrimination Policies - <https://www.angelo.edu/live/files/27603-student-handbook-2020-21>.

Scholarships - <https://www.angelo.edu/admissions-and-aid/paying-for-college/scholarships/>

Program mission, goals, and outcomes - <https://www.angelo.edu/academics/programs/athletic-training-mat/>

Admission criteria - <https://www.angelo.edu/academics/programs/athletic-training-mat/admission/>, and
<https://www.angelo.edu/admissions-and-aid/apply/graduate-students/>

Technical Standards – Found on page 54-56 of the P&P manual at:
<https://www.angelo.edu/academics/programs/athletic-training-mat/>