

Lying in Everyday Situations (LiES) scale

The authors make this scale freely available for research purposes. Originally published in:

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Instructions: Everyone tells lies from time to time about various things. We are interested in the lies that you tell. For each of the following statements, indicate the degree to which you agree or disagree that the statement accurately describes you.

Strongly Disagree

Strongly Agree

1 2 3 4 5 6 7

Relational Lying subscale

1. I lie in order to escape conflicts or disagreements with other people.
2. I lie to hide the bad things I've done.
3. I tell lies so I will not have confrontations with people.
4. I lie in order to hide shameful things about myself.
5. I lie to stay out of arguments with people.
6. I lie in order to be friendly and cordial with others.
7. I tell lies in order to spare another's feelings.

Vindictive Lying subscale

8. I lie in order to punish people.
9. I lie in order to take people down.
10. I lie for revenge.
11. I use lies to attack people I don't like.
12. I tell lies in order to hurt, annoy, or upset others.
13. I lie because it is exciting.
14. I lie to people because it is amusing.

Scoring: For the total LiES scale score, sum items 1-14. For the Relational Lying subscale score, sum items 1-7. For the Vindictive Lying subscale score, sum items 8-14.