

CURRICULUM VITAE

James F. Villers, PT, DPT, FAAOMPT
Associate Clinical Professor
ASU Station #10923
Work phone: (325) 942-2547
Department of Physical Therapy, Angelo State University

Education: Hardin-Simmons University
Abilene, Texas
2013 to 2014
Post Graduate Doctor of Physical Therapy

University of Texas Medical Branch School of Health Professions
Galveston, Texas
1980 to 1982
Physical Therapy
Bachelor of Physical Therapy

Angelo State University
San Angelo, Texas
1978 to 1980
Pre-physical Therapy

Licensure Information/Registration Number:

Texas State Board of Physical Therapy Examiners, 1982 to present
License number: 10-3312-4

Certifications:

American Heart Association
BLS Instructor
October 25, 2018 to Present

Texas Consortium for Physical Therapy Clinical Education, Inc.
Clinical Instructor Certification
February 21, 2015 to present

APTA Credentialed Clinical Educator
September 22, 2012 to present

Fellow Designation
American Academy of Orthopedic Manual Physical Therapist
Under signature of The Manual Therapy Institute
July 15, 2011 to present

Employment and Positions Held: Associate Clinical Professor, Physical Therapy
Graduate Faculty
Non-tenured
Angelo State University San
Angelo, TX
2017 to present

Assistant Clinical Professor, Physical Therapy
Academic Coordinator of Clinical Education Graduate
Faculty
Non-tenured
Angelo State University San
Angelo, TX
2012 to 2017

Contract Staff Physical Therapist
West Texas Rehab Center
San Angelo, TX
2012 to present

Adjunct Faculty, Physical Therapy
Non-tenured
Angelo State University San
Angelo, TX
2002 to 2012

Director of Adult Services
West Texas Rehab Center San
Angelo, TX
2007 to 2012

Manager of Industrial Rehab Department West
Texas Rehab Center
San Angelo, TX 2003
to 2007

Owner and Operator
Angelo Physical Therapy, Inc.
San Angelo, TX
1996 to 2003

Co-owner and Operator Angelo
Physical Therapy, Inc. San
Angelo, TX
1990 to 1996

Director of Physical Therapy
Shannon West Texas Memorial Hospital San
Angelo, TX
1988 to 1990

Assistant Director of Physical Therapy
Shannon West Texas Memorial Hospital San
Angelo, TX
1985 to 1988

Director of Physical Therapy
West Coke County Hospital
Robert Lee, TX
1985

Assistant Director of Physical Therapy, Adult Section
West Texas Rehabilitation Center
San Angelo, TX
1985 to 1985

Staff Physical Therapist
West Texas Rehabilitation
Center San Angelo, TX
1982 to 1984

Peer Reviewed Publications:

Villers, J.F., Burch, J., Scheller, M., Huang, H-H. Physical therapy prehabilitation on a reverse total shoulder replacement candidate: a case study, *J. Phys. Ther. Sci.* 2020;32:197-205

Villers J, Atherton C. The immediate effect of thoracic manipulation on pressure pain threshold in acute lateral ankle sprains an exploratory investigation. *JMMT*.

<https://www.tandfonline.com/action/newsAndOffers?journalCode=yjmt20>, Updated 2019; ID 31

Published Abstracts of Peer Reviewed Presentations:

Atherton C, Buchanan A, Seabourne T, Villers J, Nicks K, The immediate effect of thoracic manipulation on pressure pain threshold in acute lateral ankle sprains: an exploratory investigation (2018) *Poster presented at American Academy Orthopedic Manual Physical Therapist's Annual Conference, Reno, NV*

Villers J, Thomas A, Cash L, Jurado J, Rate of Agreement between an Experienced and Novice Tester in the Application of a Clinical Diagnostic Rule for Subacromial Impingement Syndrome: A Pilot Study (2016) *Poster presented at Texas Physical Therapy Association's Annual Conference, Fort Worth, TX*

Wilson L, Villers J, Hutchinson T, Rezac S, Immediate effects of thoracic spine manipulation

on upper extremity neural tension in symptomatic patients. (2015) *Poster presented at Texas Physical Therapy Association's Annual Conference, Arlington, TX.*

Peer Reviewed Scientific and Professional Presentations:

Physical Therapy in Peru, Angelo State University Physical Therapy Program Lunch and Learn, 1 CCU reviewed by Texas Physical Therapy Association (64895TX), October 4, 2018

Neuro Dynamics and the Slump Test, Angelo State University Physical Therapy Program Lunch and Learn, 1 CCU reviewed by Texas Physical Therapy Association (63863TX), December 7, 2017

A Clinician's Guideline on Anatomy, Biomechanics, Examinations, and Interventions of the Foot and Ankle, 16 CCUs reviewed by Texas Physical Therapy Association (56657TX), October 4-5, 2014

Cervical Radiculopathy A Clinician's Guideline, Angelo State University Physical Therapy Program Lunch and Learn, 1 CCU reviewed by Texas Physical Therapy Association (55127TX), November 5, 2013

Non-Peer Reviewed Publications:

Non-Peer Reviewed Presentations:

Workstation Ergonomics: In-service for Angelo State University's Library Staff, November 12, 2019 1 hour lecture and demonstration

Workstation Ergonomics: In-service for Angelo State University's Office Coordinators, May 18, 2016 1.25 hours lecture and participation

Carpal Tunnel Syndrome In-service for Angelo State University's Library Staff, May 14, 2014 1 hour lecture and demonstration

Back Safety Class for Angelo State University Library Staff August 14, 2013, Lecture and demonstration 2 hrs.

Back Safety Class for the City of San Angelo Fire Department July 24-26, 2013, Lecture and demonstration total of 9 hrs.

Injury Prevention Back Education Course: City of San Angelo Fire Department and General Employees. January 19 to April 6, 2012, 6 courses: Lecture and Lab: 1 hour each

Funded/In Review Grant Activity:

Research Activity:

Student Capstone Paper Advisor:

Tyler J. Althof, SPT, Jacob C. Burtch, SPT, Young-In Steve Kim, SPT

The Immediate Effects of Inhibitory Kinesiotaping of the Hamstrings on Agonist and Antagonist Muscle Activation during a Lunge Maneuver. May 2019

Courtney Atherton, Allison “Allie Beth” Buchanan, and Tyler Seabourn,

The Immediate Effect of Thoracic Manipulation on Pressure Pain Threshold in Acute Lateral Ankle Sprains an Exploratory Investigation. May 2018

Stephen Marquez, SPT, Stuart Redding, SPT, and Shelby Warick, SPT

The Reliability of Assessing Posterior Pelvic Tilt to Measure Hamstring Length during the Passive Straight Leg Raise Test. May 2017

Heather Danielson, Nikita Rodrigues

The Immediate Effects of Thoracic High Velocity Low Amplitude Thrust on the Upper Limb Neuro Dynamic Test 1 in an Asymptomatic Population- A RCT. May 2016

April Rew, Tevin Powers, Ben Schneider, Jessica Secoy

Investigation of the Immediate Effects of the Facilitated Oscillatory Release Technique versus the Traditional Posterolateral Glide on Internal Rotation Range of the Asymptomatic Shoulder: A Pilot Study May 2016

Andrew Thomas, Laura Sherrill, Jan Juardo.

Rate of Agreement Between Novice and Expert Clinicians Clinical Prediction Rule Application For Subacromial Impingement Syndrome: A Pilot Study May 2015

Wilson, Laura. Immediate Effects of Thoracic Spine Manipulation on Upper Extremity Neural Tension in Symptomatic Patients: Observation Study. May 2014.

Volkman, Ben. Postural Restoration and Periscapular Neuromuscular Re-education for Rehabilitation Following Scapulothoracic Decompression Scapulopectomy to Correct Snapping Scapula: A Case Report. May 2014.

Barker, Bryan. Evaluation and Treatment of Low Back Pain in a Sixteen Year-old Female with Flexion Rotation Syndrome Using Movement System Impairment Exercises and Body Weight Supported Treadmill Training: A Case Report. May 2014.

Tran, Andy. Treatment of Whiplash-associated disorder with multimodal interventions: A Case Report. May 2014.

Boyton, Josh. Application of a Knee Microfracture Protocol to a Hip Microfracture Procedure: A Case Study. May 2013.

Khalfe, Adeeb. Application of Evidenced Based Strategies and Functional Training Following a Rotator Cuff Repair in the Outpatient Orthopedic Physical Therapy Setting: A Case Study.

May 2013.

Dean, Catalin. Rehabilitation of Subacromial Impingement Syndrome Following an Exercise and Manual Therapy Intervention Protocol: A Case Study. May 2013.

Continuing Education Workshops Conducted/Organized:

Department of Physical Therapy, Angelo State University's Lunch and Learn Series (twice fall and spring semesters), 2013 to present

A Clinician's Guideline on Anatomy, Biomechanics, Examination, and Interventions of the Foot and Ankle by Angelo State University's Doctor of Physical Therapy Program, October 4-5, 2014

Memberships in Scientific/Professional Organizations:

American Physical Therapy Association, 1981 to present

Texas Physical Therapy Association, 1981 to present

Orthopedic Section of American Physical Therapy Association, 1990 to present

American Academy of Orthopedic and Manual Physical Therapy, 2011 to present

Alumni Association-Lifetime Member UTMB School of Health Professions

Consultative and Advisory Positions Held:

Clinical Advisory Board, Angelo State University Physical Therapy Program
Angelo State University
1999 to 2012

Community Service:

West Texas Rehab Center In-service on First Rib Syndrome
2019

Mentorship for AAOMPT fellow in training, Jamie Gonzales, PT, DPT
2019 to 2020

Peru Medical Mission Trip
2018

Physical Therapist staffing of Physical Therapy Pro Bono Clinic at La Esperanza Clinic
2016 to 2018

Life Group Secretary
Glen Meadows Baptist Church
2016 to 2017

Texas Consortium for Physical Therapy Clinical Educators, Inc.
Ad Hoc Committee member for webpage revisions
2015 to 2017

Texas Consortium for Physical Therapy Clinical Educators, Inc. Ad Hoc Committee
member for Clinical Instructor training module
2015 to 2017

Formal Mentorship to Recent ASU DPT Graduates San Angelo
2015 to present

Assimilation Team
Glen Meadows Baptist Church San Angelo, TX
2015 to 2016

Ordained Deacon
Glen Meadows Baptist Church
San Angelo, TX 2003 to current

Services to the University/College/School on Committees/Councils/Commissions:

University:

Workstation Ergonomic In-service for Angelo State University's Library Staff, November 12, 2019.

Co-chair of DPT Program's Pro Bono Musculoskeletal Clinic for Angelo State University employees. 2019 to current

Advisory Committee Oral: Defense Border Security and Intelligence Department of Security Studies for Benjamin Pendleton's Capstone Paper- A Comparative Look at the Intelligence Efforts and Agencies of Five Eyes and Israel, November 23, 2016

Workstation Ergonomics In-service for Angelo State University's Office Coordinators, May 18, 2016 1.25 hours lecture and participation

Co-chair Committee for Angelo State University's Sports Medicine Clinic 2015 to 2017

Service on the Library Committee 2015-2016

Chair of Physical Therapy Clinical Advisory Board 2013 to 2017

Carpal Tunnel Syndrome In-service for Angelo State University's Library Staff, May 14, 2014

Service on the Faculty Research Enhancement Grants Committee 2013-2014

Service on the ADA Committee on Accessibility of Facilities and Services 2013-2014

Back Safety Class for Angelo State University's Library Staff August 14, 2013, 2 hours lecture and demonstration

Physical Therapy Program representative for Angelo State University's football recruits 1/26/13
1 hour presentation and Q/A.

Ergonomic assessment of Angelo State University's Liberians' work stations 10/9/12 6 hours
verbal and written feedback

College:

Invited Instructor ASU, College of Health and Human Services, Department of Nursing,
Transfers and Gait Training, September 3, 2015

True Blue Recruitment Event for the College of Health and Human Services April 4, 2014

Permian Basin High School Health Professions Recruitment 6/13/13 Lecture and Demonstration
3 hours

Department:

Study Abroad Proposal to Oaxaca Mexico for Summer 2021: Spring 2020

Sponsored DPT students for TPTA legislative day, Austin TX 2019

BLS instruction to 1st and 3rd year DPT students October 4 & November 26, 2019, December 11
& 13, 2018

Clinical Mentor to Floyd Huang, PT, PhD Fall Semester 2015

Sponsored DPT students for TPTA legislative day, Austin TX 2015

Recruitment presentation at the University of Texas at Austin: January 28, 2020,
September 22, 2015, February 25, 2014

Service on Standing Committees:

Scholarship Committee: 2015 to 2018

Faculty Peer Review Committee: 2013 to current
Chair 2019 & 2020

Academic Committee: 2012 to current

Awards Committee 2012 to 2018

Service on Ad Hoc Committees:

Ethics Committee Chaired Spring 2020

Promotion Committee for Dr. Teresa Huckaby 2020

Active Shooter 2019-2020

Professionalism and Leadership 2018-2019

DPT Program's Musculoskeletal Clinic 2017 to 2019

Physical Therapy Department Office Coordinator Search Committee 2016

Technical Standards Committee 2015

Clinical Education Office Coordinator Search Committee 2015

Mission and Vision Committee 2013

Honors and Awards:

Outstanding Faculty of the Year

Angelo State University, Department of Physical Therapy 2019

Nominee for Faculty Excellence in Teaching Award
Angelo State University 2017

Finalist for Faculty Excellence in Leadership/Service
Award Angelo State University 2016

Outstanding Faculty of the Year
Angelo State University, Physical Therapy Program 2014

Outstanding Faculty of the Year
Angelo State University, Physical Therapy Program 2013

Outstanding Guest Lecturer
Angelo State University, Physical Therapy Program 2010

Ruby Decker Award for exemplary patient care and community service
Texas Physical Therapy Association 2010

Continuing Education Attended:

Blood Flow Restriction, Angelo State University, February 20,2020.

TX Course Approval #71617

Patient Driven Payment Model & Patient Driven Groupings Model, Angelo
State University, November 7, 2019. TX Course Approval # 71071

Advances in Evaluation and Treatment of Chronic Pain, Angelo State
University, October 26-27, 2019. TX Course Approval #70940

Unique Physical Therapy Practice Settings in the UK: Applications to PT's
in the US. Angelo State University, October 7, 2019. TX Course
Approval # 79841

ASU DPT Student Research Day, Angelo State University, May 9, 2019. TX
Course Approval # 70980

Is Proprioception Deficit the Villain for Ankle Instability and Fall? Angelo
State University, February 26, 2019. TX Course Approval # 70334

2018 American Academy of Orthopedic Manual Physical Therapy Annual
Conference, Reno NV, November 7-11, 2018

Dry Needling Level 1 with Cadaver Lab, Optimal Dry Needling Solutions
Hardin Simmons University, April 20-22, 2018, TX Course Approval
64384

Treating Chronic Pain, Angelo State University, March 19, 2018, TX Course
Approval # 64350

Neuro-dynamics and the Slump Test, Angelo State University, December 7,
2017. TX Course Approval # 63863TX

DPT Class of 2017 Research Presentations, Angelo State University, May 11, 2017. TX Course
Approval # 61738TX

“You Take My Breath Away” (Lung Disease Application to Physical Therapy), Angelo State
University, April 25. 2017. TX Course Approval # 63027TX

2017 Combined Section Meeting of the APTA, San Antonio, TX. February 16-18, 2017.

CSM17/REGIS
 Integrating a PT First Approach in Emerging Healthcare Models
 Update on Minimal Footwear: is Less More?
 A new Etiological Factor in Ankle Instability: Understanding Balance Training
 Best Treatment Approach for Subacromial Impingement Syndrome
 Articular Cartilage Repair and Postoperative Rehabilitation
 Managing the Recreational Runner from Head to Toe
 Manual Therapy for the Lumbar Spine, Angelo State University, November 10, 2016. TX
 Course Approval #62523TX
 2016 TPTA Annual Conference, Fort Worth, TX October 28-29, 2016. TX Course Approval #
 1701025
 2016 Academic and Clinical Faculty Summit
 Visual-Vestibular Integration Post-Concussion
 Pediatric Athlete Upper Extremity Injuries
 Comprehensive Management of the Non-Elite Runner
 BPPV and Vestibular Rehab, Angelo State University, September 22, 2016. TX Course Approval
 #62574TX
 Ethics-Texas Physical Therapy, Innovative Educational Services, July 27, 2016 TX Course
 Approval # 60868TX
 CAPTE Self-Study Workshop, Next Convention, Nashville, TN. June 4-5, 2016.
 ACCCSSJ16/REGIS
 DPT Class of 2016 Research Presentations, Angelo State University, May 12, 2016. TX Course
 Approval # 61738TX
 Examination and Intervention for Persistent Pain Patients, Angelo State University, February 23,
 2016. TX Course Approval # 61642TX
 2015 TPTA Annual Conference, Arlington, TX October 24-25, 2015. TX Course Approval #
 1701025
 Evidence-Based Management of Femoroacetabular Impingement.
 Clinically Complex or Just Poor Clinical Reasoning?
 Persistent Pain Problems: Taking the Top Down Approach,
 How to Fail Forward, Steven Gates, Angelo State University, April 28, 2015. TX Course
 Approval # 60261TX
 Clinical Instructor Certification-Part 2, Texas Consortium, February 21, 2015. TX Course
 Approval # 56122TX
 Clinical Instructor Certification-Part 1, Texas Consortium, February 20, 2015. TX Course
 Approval # 55966TX
 Cardiopulmonary Assessment for the Clinician, Angelo State University, September 16, 2014.
 TX Course Approval # 56706TX
 Thriving Beyond Criticism-Lunch and Learn. Steven Gates, Angelo State University, April 15,
 2014. TX Course Approval # 55903TX
 Gait Speed and Its Implications- A Clinician's Guide, Dr. Heather Braden, Angelo State
 University, February 18, 2014. TX Course Approval # 55632TX
 What Makes a Chronic Wound? Midwest District, November 13, 2014. TX Course Approval #
 1701025TX
 Ethical Decision Making and the Use of Social Media, Harriet Lewis PT, MS, Angelo State
 University, San Angelo, TX. December 13, 2013 TX Course Approval #55292ETX
 From Classroom to Clinic-A Roadmap for Success, Hardin-Simmons University, Department of
 Department of Physical Abilene, TX, July 16-19, 2013 TX Course Approval#54024A

Defense of Case Reports and Research Project by the Graduating ASU DPT Class 2013, May9,
2013 TX Course Approval # 54240A
Credentialed Clinical Instructor, APTA, Aliya Chaudry, PT,MBA, J.D. and Cathy Beck,PT, PhD,
Langston University Campus in Oklahoma City, OK, September 21-22, 2012

Current Teaching Responsibilities in the Doctor Physical Therapy Program (in sequence, by quarter or semester):

- PT 7353, Musculoskeletal Examination & Management I, Fall Year 2
- PT 7322, Musculoskeletal Pathology, Spring Year 1
- PT 7556, Musculoskeletal Examination & Management II, Spring Year 2

