Audrey B. (Lankford) Heron, Ph.D.

Assistant Professor
Angelo State University
College of Education, Department of Curriculum & Instruction
ASU Station 10921
San Angelo, Texas 76909

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EDUCATION

Texas Tech University – 2016-2018
Doctor of Philosophy, Educational Psychology—Developmental & Learning Sciences
GPA: 4.0
Dissertation: *Exploring Relationships Between Student Perceptions in the Distance Learning Environment and Affective, Cognitive, and Motivational Learning Outcomes*
Doctoral Committee: Dr. William Lan, (Chair), Dr. Kamau Siwatu, and Dr. Lesley Casarez

Angelo State University – 2006-2008
Master of Education, Guidance & Counseling
GPA: 4.0
Advisor: Dr. Mary McGlamery, Program Director

Angelo State University – 2001-2006
Bachelor of Arts, English
Minor: Communications
Cum Laude

PROFESSIONAL CERTIFICATIONS

School Counselor EC-12 Certification, April 2010
State Board for Educator Certification
Texas Education Agency

English Language Arts & Reading 8-12 Certification, June 2006
State Board for Educator Certification
Texas Education Agency

PROFESSIONAL EXPERIENCE IN HIGHER EDUCATION

Angelo State University, San Angelo, Texas
- ❖ Assistant Professor, Department of Curriculum and Instruction, 2019-Present
- ❖ Instructor, Department of Curriculum and Instruction, 2015-2018
- ❖ Adjunct Faculty, Department of Curriculum and Instruction, 2013-2015
- ❖ Counseling Internship Supervisor, Practicum in Counseling at Grape Creek Middle School, Spring 2014
- ❖ Graduate Assistant, Curriculum and Instruction & Teacher Education Departments, 2006-2008

TEACHING

- ▪ Assistant Professor
  - o Teach graduate level courses in the field of educational counseling & curriculum and instruction.
  - o Teach in an online, eight-week format.

- o Coordinate course delivery as lead professor in an instructional team of instructors and adjuncts to enhance student learning and support instruction.
- o Maintain and oversee communications from instructional team with student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate classes.
- o Utilize blackboard system for all course requirements.
- o Assist and supervise in all aspects of preparation for assigned courses for each term.
- o Guide and assist instructors and adjunct faculty through department procedures.
- o Apply research-based instructional practices to continuously improve course delivery.
- o Conduct relevant research to contribute to departmental, program, college, and university teaching goals.

Graduate Courses Taught as Assistant Professor:
Lifespan Development (EDG 6303 – Online)
Spring A & B 2019
Individual Counseling (EDG 6320 – Online)
Fall B & Summer 2019, Spring B 2019
Theories of Counseling (EDG 6323 – Online)
Spring A 2019
Dysfunctional Behavior (EDG 6327) – Online)
Fall B 2020, Summer 2020, Fall B & Summer 2019
Group Counseling (EDG 6321) – Online)
Fall A 2019
Role of the School Counselor (EDG 6331 – Online)
Fall A 2020, Spring A 2020, Fall A 2019
Career & Occupational Counseling (EDG 6324 – Online)
Summer 2020, Spring B 2020
School Counseling Techniques (EDSC 6302 – Online)
Fall B 2020, Spring B 2020
Internship in School Counseling (EDG 5361 – Online)
Fall 2020

- Instructor
    - o Assist the lead professors with course structure, course building, and any other requests from the professors.
    - o Assist the lead professor with student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate classes.
    - o Utilize blackboard system for all course requirements.
    - o Prepare all aspects of assigned courses for each term.
    - o Mentor adjunct faculty in teaching, curriculum, and department procedures.

Graduate Courses Taught as Instructor:
Lifespan Development (EDG 6303 – Online)
Fall A/B 2018, Summer 2018 (course support), Spring A/B 2018, Fall A/B 2017, Spring B 2017, Fall A & B 2016
Applied Research (EDG 6304 – Online)
Summer 2015
Group Counseling (EDG 6321 – Online)
Spring A 2018, Spring B 2015, Summer 2017

Role of the School Counselor (EDG 6331 – Online)
Fall A 2018, Spring A 2017, Spring A 2016 & Fall A/Spring A 2015
Theories of Counseling (EDG 6323 – Online)
Spring A & Summer 2015
Practicum in Counseling (EDG 6325 – Online)
Fall 2018, Spring 2018, Fall 2017
Career & Occupational Counseling (EDG 6324 – Online)
Spring B 2018, Spring B 2017, Fall B 2016, Fall B / Spring B 2015
Social & Cultural Influences (EDG 6301 – Online)
Spring A & B 2016
Individual Counseling (EDG 6320—Online)
Fall B 2018, Fall B 2017, Fall A 2016, Summer 2016, Spring B 2016
Instructional Supervision (EDG 6311—Online)
Summer 2016
Dysfunctional Behavior (EDG 6327—Online)
Summer 2018, Summer 2017
Role of the Principal (EDG 6341—Online)
Summer 2018, Fall A 2017

- Adjunct Instructor
  - Assist the professor with student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate classes.

    Graduate Courses Taught as Adjunct Instructor:
    Group Counseling (EDG 6321 – Online)
    Fall B 2014
    Career & Occupational Counseling (EDG 6324 – Online)
    Spring A 2014, Fall B 2013
    Introduction to School Counseling (EDG 6322 – Online)
    Fall A 2013
    Practicum in Counseling (EDG 6325 – Online)
    Spring 2014
    Lifespan Development (EDG 6303 – Online)
    Fall A & B 2015

TEACHING HONORS & AWARDS

Recipient: Blackboard Exemplary Course Program (ECP) Award, EDSC 6302 School Counseling Techniques, 2020.

Recipient: 2020 OLC John R. Bourne Outstanding Online Program Award. Online Learning Consortium (OLC), 2020.

Nominee: American Association for Teaching & Curriculum (AATC) John Laska Dissertation Award for Teaching, 2019

Nominee: Angelo State University President's Awards for Faculty Excellence in Teaching, 2019

Nominee: Gary and Pat Rodgers Distinguished Faculty Award, 2018

CURRICULUM

- Develop online course curriculum and design alone and in collaboration with faculty.

- Lead revision and enhancement of online graduate courses to achieve continuous improvement.
- Develop new curriculum for M.S. in Professional School Counseling that meets requirements for Texas Administrative Code, Texas Higher Education Coordinating Board, SACSCOC, University Curriculum Committee, and the University Catalog, contributing to ASU Vision 2020's Master Goal #4.
- Assist Program Advisor in coordinating curriculum development, review, and revision for the M.S. in Professional School Counseling degree program to ensure alignment with national and state standards, including the Council for the Accreditation of Educator Preparation (CAEP), American School Counselor Association (ASCA), American Counseling Association, Texas Education Agency (TEA), and Texas School Counselor Association (TSCA).
- Apply research-based curriculum practices to continuously improve programs.
- Implemented Transparent Design into online courses within department.
- Trains faculty members on designing and formatting online courses and individual assessments.
- Acted as liaison between faculty and online teaching and Transparent Design professional development providers and shared teaching and curriculum resources.
- Collaborates on the evaluation and assessment of online course curriculum and instructional quality.
- Actively collaborates with university faculty from various departments to share research, current practices, and online curriculum design frameworks.
- Conducted research on student learning outcomes and motivation and integrated findings with elements of Transparent Design to create an original online teaching framework to enhance the design and instructional effectiveness of online courses within the Guidance & Counseling Program.

Graduate Courses Developed (Online):
EDG 6303 Lifespan Development (Member, Curriculum Team)
EDG 6327 Dysfunctional Behavior (with Dr. Lesley Casarez)
EDSC 6303 Human Growth & Development (with Dr. Lesley Casarez & Mrs. Ashley Atwood)
EDSC 6301 Comprehensive School Counseling Programs (Curriculum & Instructional Design Reviewer for Counseling Team)
EDSC 6302 School Counseling Techniques (Curriculum & Instructional Design Reviewer for Counseling Team)

Graduate Courses Developed (Online with Study Abroad Experience):
EDG 6301 Social & Cultural Influences - School Counseling Cultures & Contexts Verona, Italy (with Dr. Lesley Casarez, *in progress*)
EDSC 6302 School Counseling Techniques - School Counseling Cultures & Contexts Verona, Italy (with Dr. Lesley Casarez, *in progress)*

Graduate Courses Evaluated for Curriculum & Instructional Quality (Online)
EDCT 6301 School Culture for Principals (Dr. Raelye Self)
EDCT 6302 Instructional Supervision for Principals (Dr. Raelye Self)
EDCT 6303 Human Resource Management for Principals (Dr. Raelye Self)
EDG 6325 Practicum in Counseling (Dr. Tia Agan)

ASSESSMENT
- Assist Program Advisor in maintaining accreditation data and accountability measures.
- Assist Program Advisor in facilitating development, implementation, and assessment of student learning outcomes for the program, contributing to ASU Vision 2020's Master Goal #4.
- Assist Program Advisor to facilitate program review and data analysis aligning with SACSCOC assessment requirements, contributing to ASU Vision 2020's Master Goal #7.

DISTANCE EDUCATION
- Provide oversight, direction, coordination, and support of online counseling programs, ensuring compliance with distance education policies, procedures, and best practices at national, state, and university level.
- Coordinate implementation of Blackboard and technology initiatives in departmental courses.

CERTIFICATION
- Collaborate with Program Advisor to ensure implementation of Texas Education Code and Texas Administrative Code related to school counselor preparation and certification.

ADMINISTRATION
- Mentor new faculty, including instructors and adjuncts.
- Assist Program Advisor in coordinating placement and training of adjunct instructors.
- Assist Program Advisor in evaluating adjunct faculty performance in collaboration with full-time teaching faculty to ensure program quality.
- Promote professional development to ensure competence and effectiveness of faculty and adjunct faculty.

RECRUITMENT & RETENTION
- Coordinate with Graduate Advisor regarding student engagement, performance, questions, etc.
- Actively recruit students through presence at local, regional, state, and national counseling and educational events, contributing to ASU Vision 2020's Master Goal #3.
- Advocate for candidates both inside and outside the university to support their professional success.

COMPLIANCE
- Ensure compliance with state regulations and university policies, procedures, and practices.
- Adhere to, follow, and promote legal, ethical, and professional standards. Adhere to federal, state, district and campus legal standards, policies, regulations, and procedures.

PROFESSIONAL MEMBERSHIPS
Texas Tech Alumni Association – Member, 2019-Present
Texas Distance Learning Association – Member, 2019-Present
Texas Counseling Association – Member, 2007-Present
Southwest Educational Research Association – Member, 2015-Present
Three Rivers Counseling Association – Member, 2011-2018
Texas Association of Secondary School Principals – Member, 2012-2014
Texas Classroom Teachers Association – Teacher Membership, 2001-2002, 2009-2010
Association of Texas Professional Educators – Member, 2001-2002

LEADERSHIP & SERVICE TO UNIVERSITY
Angelo State University
Phi Kappa Phi, Angelo State University Chapter. Secretary.   **Fall 2019-Present**

Lankford, A.B. (December 2007). *Mother Daughter Program*. A presentation to inform and encourage potential first-generation college students, Angelo State University, San Angelo, TX.

Lankford, A.B., & Curry, A. (December 2006). *Mother Daughter Program*. A presentation to inform and encourage potential first-generation college students, Angelo State University, San Angelo, TX.

LEADERSHIP & SERVICE TO COLLEGE
College of Graduate Studies, Angelo State University
Graduate Faculty   **January 2020-Present**

College of Education, Angelo State University
Commencement Ceremonies. College of Education Faculty Marshal.   **December 2019**
Social Media Facilitator, Angelo State University Educational Counseling Programs   **Fall 2019-Present**

Heron, A.B. (2017, December). Turn It In Rubrics: Functional Training for Faculty. Training Presentation.
     Angelo State University. San Angelo, TX.

Heron, A.B. (2017, October). Relatedness in the online learning environment. Training Presentation for Faculty.
     Angelo State University. San Angelo, TX.

LEADERSHIP & SERVICE TO DEPARTMENT
Department of Curriculum & Instruction, Angelo State University
Department Curriculum Committee. Member.   **Fall 2019-Present**
Comprehensive Program Review Committee. Chair.   **Fall 2019-Present**
Comprehensive Program Review Committee. Member.   **Jan-Aug. 2019**
Counseling Program Specialization Team. Member.   **Fall 2018-Present**
Instructor Search and Hiring Committee. Member.   **Fall 2018**
Curriculum Initiatives Committee. Member.   **Fall 2016/Spring 2018**
Certification Specialization Committee. Member.   **Fall 2017/Spring 2018**
Academic Initiatives Committee. Member.   **Fall 2016/Spring 2017**
President's Awards Nomination Committee. Chair   **Spring 2015**
Faculty Search Committee. Member.   **Summer 2015**

Lankford, A.B. (April 2007). *Graduate Studies at ASU.* A booth at the Angelo State University Teacher Job
     Fair to recruit students for graduate programs, San Angelo, TX.

LEADERSHIP & SERVICE HONORS AND AWARDS
     Nominee: Angelo State University Wonderful Women of ASU, 2016
     Nominee: Angelo State University Alumni of the Year, 2014

LEADERSHIP & SERVICE TO PROFESSION AND COMMUNITY

Grants
- Actively seeks funding for support and enhancement of programs and student success
    - Casarez, L. L., Self, R. N., Heron, A. B., Agan, T. L., Stevens, C. S., & Callahan, C. (2019, August). U.S. Department of Education Office of Elementary and Secondary Education, "Rural West Texas Mental Health Educational Learning Partnership (HELP)" Collaborative between ESC Region 15 and ASU, $2,424,172 (Funded)
    - ASU Faculty Learning Commons (FLC) Grant, "Concho Valley Mental Health Conference" (Spring 2019, not approved but event was advanced by Three Rivers Counseling Association)

Professional Consultation
Conference Proposal Reviewer, 63rd Annual TCA Professional Growth Conference   **07/19**
     Texas Counseling Association

Affiliations & Volunteer Involvement

Texas High School Coaches' Wives Association, Member. **2018-Present**
Volunteer in Public Schools.
    Grape Creek Independent School District **2008-2017**
    Alice Independent School District **2017-Present**
- Volunteer and assist coaches at various sporting events throughout the year
- Contribute to and participate in charitable initiatives
- Support teachers and administrators

Presentations

Heron, A. B., Casarez, L. L., Atwood, A. M. (2020, May). You Can Do That Online: Integrating Group Work That Works. Presentation: Texas Higher Ed Virtual Summit 2020.

Casarez, L. L., **Heron, A. B.**, Lyons, K., Atwood, A. M., Kelly, T. (2019, October). The New Teacher's Guide to Self-Care: Wellness Dimensions for Everyday Educators. Presentation: Ballinger New Teacher Academy 2019. Ballinger, TX.

Casarez, L. L., **Heron, A. B.** (2019, September). Navigating difficult conversations with parents and children. Presentation: Texas A&M AgriLife Extension Service Wild About Kids Child Care Conference. San Angelo, TX.

Casarez, L. L., **Heron, A. B.**, & Lyons, K. N. (2015, October). The good, the bad, and the ugly of technology and self-harm/suicide. Presentation: Three Rivers Counseling Association. San Angelo, TX.

Lankford, A.B. (May 2012). *Financial Aid & College Transition for GCHS Seniors*. A presentation for students and parents to assist them with FAFSA and other college transition issues, Grape Creek High School, San Angelo, TX.

Lankford, A.B. (May 2012). *College Readiness for Middle School Students: What Parents Should Know.* A presentation for parents of middle school students describing current college readiness standards and strategies for successful transition to high school and beyond, Grape Creek Middle School, San Angelo, TX 76901.

Lankford, A.B. (August 2011). *College Readiness & You: What Teachers Can Do for Students.* A presentation for teacher inservice advising of strategies for incorporating college readiness into the classroom and school environment, Grape Creek High School, San Angelo, TX 76901.

Lankford, A.B. (May 2011). *Financial Aid & College Transition for GCHS Seniors*. A presentation for students and parents to assist them with FAFSA and other college transition issues, Grape Creek High School, San Angelo, TX.

Lankford, A.B. (August 2010). *College Readiness & You: What Teachers Can Do for Students.* A presentation for teacher inservice advising of strategies for incorporating college readiness into the classroom and school environment, Grape Creek High School, San Angelo, TX 76901.

Tarver, D.J., McGlamery, M., & **Lankford, A.B.** (July 2007). *Legal, Moral, and Ethical: What's the Difference?*. A workshop presented to the Three Rivers Counseling Association, San Angelo, TX.

PROFESSIONAL EXPERIENCE IN PUBLIC EDUCATION

School Counseling
Grape Creek Middle School, San Angelo, Texas
❖ Counselor*, 2013-2014*
Grape Creek High School, San Angelo, Texas
❖ College Readiness Counselor, 2010-2012

- Provide individual counseling and planning to guide students as they plan, monitor, and manage their own educational, career, personal, and social development with appropriate interventions that assist in personalized goal-setting.
- Provide small group counseling as a needed part of responsive services in a comprehensive school counseling program. The type of group used will depend upon the crisis response.
- Administer, review, and evaluate career standardized data profiles, such as the O*NET, in order to assist students with career and vocational awareness, exploration, and planning.
- Consult with school staff, parents, and community members to promote understanding of human relations and student development, human behavior (including exceptionalities), and environment.
- Identify, analyze, and address through intervention academic, behavioral, social, and emotional barriers that may interfere with growth.
- Provide individual and group guidance to assist students in developing and applying skills for maximum educational, career, and interpersonal relations.
- Use accepted theories in addressing personal, social, career, cognitive, and educational development.
- Monitor growth and development of students throughout childhood and adolescence, noting environmental, social, and cultural factors that affect learner's development.
- Provide leadership for the campus school counseling program.
- Advocate for a school environment in which diversity is acknowledged and respected, resulting in positive interactions across all cultures, genders, ethnicities, and learning styles.
- Adhere to, follow, and promote legal, ethical, and professional standards. Adhere to federal, state, district and campus legal standards, policies, regulations, and procedures.
- Interpret standardized test results and other formal and informal assessment data to guide students in individual goal setting and planning in collaboration with school personnel.
- Apply research-based practice to improve the school guidance and counseling program.
- Use counseling-related research techniques and practices as well as technology and other resources to facilitate continued professional growth.
- Implement guidance curriculum designed to provide lessons systematically to students that facilitate growth and development in the areas of educational, career, personal, and social development. Four strategic curricular content areas in Texas include Intrapersonal
- Effectiveness, Interpersonal Effectiveness, Post-Secondary Education and Career Readiness, and Personal Health and Safety.
- Collaborate to refer students as needed for special programs or outside agencies for additional support.
- Utilize the Diagnostic and Statistical Manual of Mental Disorders classification system for obtaining descriptions, symptoms and criteria for mental disorders.

School Administration
Grape Creek Middle School, San Angelo, Texas

❖ Dean of Students, 2012-2013

- Assisted the principal in directing and managing the instructional program and supervising operations at the campus level.
- Provided leadership to ensure high standards of instructional and student service.
- Assisted the principal in directing the implementation of district policies and instructional programs.

- Managed the operation of all campus activities, including school safety, instruction, and extracurricular activities.
- Assisted the principal and school counselor with analysis and desegregation of data to meet the academic needs of students.
- Assisted the principal in monitoring teaching of the Texas Essential Knowledge and Skills (TEKS) and Student Expectations (SE) as set forth by the Texas Education Agency.
- Collaborated with staff to plan, implement, and evaluate district curriculum on a systematic basis.
- Monitored curriculum delivery utilizing walk-throughs and coaching/mentoring procedures.
- Led a collaborative process to develop campus performance objectives involving staff, parents, and community members.
- Assisted in identifying, analyzing, and applying research findings (e.g. effective school correlates) to facilitate school improvement.
- Collaborated with principal and administrative personnel in the interview and selection of new staff, observed employee performance, recorded observations, and conducted evaluation conferences with all staff.
- Assisted in developing budgets based upon documented program needs, estimated enrollment, personnel, and other fiscal needs.
- Worked with faculty and encouraged student input to develop a student management system that resulted in positive student behavior and enhanced the school climate.
- Conducted conferences with parents, students, and teachers concerning school and student issues.
- Provided leadership in addressing challenges facing the profession, pursued professional development activities, and disseminated ideas and information to other professionals.
- Facilitated effectively and timely resolutions of conflicts.
- Shared in the supervision and evaluation of the performance of teachers, professional support staff, paraprofessional support staff, custodians, and substitute teachers as assigned by the principal.
- Maintained emotional control under stress, participated in frequent district and state-wide travel, and sustained frequent prolonged and irregular work hours.

Teacher
Grape Creek High School, *San Angelo, Texas*
- ❖ English II & English II Pre-AP Teacher, 2008-2010

- Developed and implemented lesson plans that fulfilled the requirements of the Texas Essential Knowledge and Skills (TEKS) and the district's curriculum and showed written evidence of preparation as required.
- Prepared lessons that reflected differentiated instruction, accommodations, and modifications for differences in student learning styles, abilities, and cultural backgrounds.
- Established well-organized classroom routines, set appropriate academic expectations, and provided positive experiences to build self-esteem.
- Developed interactive, inclusive, lesson plans that accommodated and challenged all students.
- Integrated computer technology into daily classroom activities.
- Planned, prepared, and organized materials for thematic units in culturally diverse settings.
- Assessed student data of formative and summative assessments to revise curriculum as needed.
- Employed a variety of instructional techniques and media consistent with the needs and capabilities of the student populations served.
- Collaborated with other members of the staff in planning and implementing instructional goals, objectives, and methods in accordance with state and district requirements.
- Analyzed and disaggregated data to inform teaching practice and assist in meeting students' academic needs.

- Assumed responsibility for extracurricular activities, including class sponsorship, Academic UIL (eg. Ready Writing, Literary Criticism, Poetry/Prose Interpretation, etc.), and event committees (eg. Junior/Senior Prom, athletic events, etc.)
- Engaged in professional development.
- Maintained a professional relationship with all colleagues, students, peers, and community members.

Sylvan Learning Center, San Angelo, Texas
- ❖ Teacher: k-12 Math, Language Arts, Reading, Study Skills, SAT/ACT Preparation, 2008

- Implemented lesson plans that fulfilled the requirements of the Texas Essential Knowledge and Skills (TEKS) and the Sylvan Learning Center's curriculum and showed written evidence of preparation as required.
- Delivered lessons that reflected differentiated instruction, accommodations, and modifications for differences in student learning styles, abilities, and cultural backgrounds.
- Assessed student data of formative and summative assessments to revise curriculum as needed.
- Maintained a professional relationship with all colleagues, students, peers, and community members.

PUBLIC EDUCATION HONORS & AWARDS
Teacher of the Year – Grape Creek High School, 2009-2010
Nominee: Auxiliary Professional of the Year, 2010/11, 2011/12, 2012/13, 2013/14

SCHOLARLY ACTIVITIES

Dissertation Committees
Member, Dissertation Committee for Heather Schoen   **2019-Present**
College of Education, Department of Educational Psychology, Texas Tech University

Peer-Reviewed Articles:
Agan, T. L., Anderson, D. A., Atwood, A., Casarez, L. L., **Heron, A**., & Self, R. N. (2019, March). FlipGrid to enhance communication in distance education. *Delta Kappa Bulletin: Collegial Exchange, 85*(4).

Published Proceedings:
Hooks, D. & **Heron, A.** (2019). Minecraft: Fostering STEM in the Virtual Sandbox. In S. Carliner (Ed.), *Proceedings of E-Learn: World Conference on E-Learning in Corporate, Government, Healthcare, and Higher Education* (pp. 620-625). New Orleans, Louisiana, United States: Association for the Advancement of Computing in Education (AACE). Retrieved November 8, 2019 from https://www.learntechlib.org/primary/p/211146/.

Heron, A. B., Atwood, A. M. (2019, February). Designing Online Assessments with Confidence. Workshop presented at Southwest Educational Research Association. San Antonio, TX.

Casarez, L. L., Anderson, D., **Heron, A. B.**, Atwood, A. M. (2019, February). FlipGrid as a Communication Tool in Online Courses. Paper presented at Southwest Educational Research Association. San Antonio, TX.

Heron, A.B. (2018, February). Relatedness in the online learning environment. Presentation. Paper presented at Southwest Educational Research Association. New Orleans, LA.

Heron, A. B. & Casarez, L. L. (2017). Social, nonacademic interaction in the online learning environment. In J. Johnston (Ed.), *Proceedings of EdMedia 2017* (pp. 7-11). Washington, DC: Association for the

Advancement of Computing in Education (AACE). Retrieved November 18, 2017 from https://www.learntechlib.org/p/178476/.

Livengood, K., **Heron, A.**, & Shipley, G. (2016, February). Creating community in an online learning environment. Presentation. Paper presented at Southwest Educational Research Association. New Orleans, LA.

Professional Presentations:

Heron, A. B., Casarez, L. L. (2020, February). It's a Matter of Motivation: Strategies for Supporting Students & Staff. Presentation: TSCA & TCA 15th Annual Professional School Counselors Conference. San Antonio, TX.

Heron, A. B. (2019, August). *You can do that online: Integrating group work that works*. Presentation: 2nd Annual Angelo State University BbX: Blackboard Excellence in Teaching and Learning Conference. San Angelo, TX.

Atwood, A., **Heron, A. B.** (2019, April). Collaborating Our Way to Success: Counselors and Counselor Educators Joining Forces to Increase School Counselor Preparedness. Presentation: Gulf Coast Counseling Association Conference. Corpus Christi, TX.

Lyons, K. N., Casarez, L. L., Atwood, A. M., **Heron, A. B**. (2018, November). Stir it Up! Use of Technology in Suicide Prevention. Presentation: TCA Professional Growth Conference. Dallas, TX.

Heron, A. B., Casarez, L. L., Atwood, A. M.., Lyons, K. N. (2018, November). Keeping It Cool: Navigating Difficult Conversations in the School Counseling Setting. Presentation: TCA Professional Growth Conference. Dallas, TX.

Casarez, L. L., Atwood, A. M., **Heron, A. B**., Lyons, K. N. (2018, October). Suicide Prevention in a Virtual World. Presentation: CSOTTE Conference. San Antonio, TX. (accepted)

Heron, A.B., Atwood, A., Anderson, D. (2018, August). Transparency in Online Assessment Design. Presentation: 1st Annual Angelo State University BbX: Blackboard Excellence in Teaching and Learning Conference. San Angelo, TX.

Casarez, L.L., **Heron, A.B**., Lyons, K.N., Carlisle, S.O. (2017, November). Be a leader: Combatting compassion fatigue and educator stress. Presentation: TCA Conference. Galveston, TX.

Casarez, L.L., **Heron, A.B**., Lyons, K.N., Carlisle, S.O. (2017, November). Bridging the gap: Easing the communication overload. Presentation: TCA Professional Growth Conference. Galveston, TX.

Heron, A.B., Carlisle, S.O., & Atwood, A. (2017, October). Bridging the gap: Easing the communication overload. Presentation: CSOTTE Conference. Corpus Christi, TX.

Casarez, L. L., **Heron, A. B.**, & Lyons, K. N. (2016, October). Social Media, sexting, dangerous blogs! Students know what is there, do you?. Presentation: CSOTTE Conference. San Marcos, TX.

Casarez, L. L., **Heron, A. B.**, & Lyons, K. N. (2016, January). Tweet! Ding! Chirp! The good, the bad, and the ugly of technology and self-harm/suicide. Presentation: Permian Basin Mental Health Conference. Midland, TX.

Casarez, L.L., Curtis, D., Hanby, M., Zamora, M., **Heron, A**., & Lyons, K. (2015, June).

"PARTS: Prevention and Recognition of Troubled Students. Workshop presentation: Region XV Service Center, San Angelo, Texas.

Heron, A.B. (February 2014). *STAAR Test Administrator Training 2014.* A training for test administrators and monitors regarding STAAR testing procedures and state policies, Grape Creek Middle School, San Angelo, TX.

Tarver, D.J., McGlamery, M., & **Lankford, A.B.** (November 2007). *Ethics update: Making decisions and keeping informed.* A workshop session presented at the Texas Counseling Association 51ˢᵗ Annual Professional Growth Conference, Corpus Christi, TX.

Tarver, D.J., McGlamery, M., **Lankford, A.B.** (November 2007). *Success on TExES School Counseling Exam: Best practices.* A workshop session presented at the Texas Counseling Association 51ˢᵗ Annual Professional Growth Conference, Corpus Christi, TX.

RESEARCH (Brief Summary of Recent Projects)

FlipGrid as a Communication Tool in Online Courses   **Fall 2018 /Spring 2019**
Co-Researchers: Dara Anderson, Ashley Atwood, & Lesley Casarez

> Investigated the use of video tools that may enhance learners' sense of community in predominantly text-based online courses. FlipGrid was integrated into online courses offered within one department at a regional university. Quantitative and qualitative data was collected via an online survey that solicited information on students' perceptions of their experience using FlipGrid and their sense of learning community and personal connection within their online course.

Exploring Relationships Between Student Perceptions in the Distance Learning   **Summer 2018**
Environment and Affective, Cognitive, and Motivational Learning Outcomes
Dissertation Committee: Dr. William Lan, (Chair), Dr. Kamau Siwatu, and Dr. Lesley Casarez

> The purpose of this study was to use self-determination theory to examine learners' perceptions of distance education learning environments, as measured by their perceptions of instructor support, student collaborative interaction, personal relevance, authenticity of learning, active learning, and autonomy, to identify significant predictors of affective and cognitive learning outcomes. This study employed a correlational research design, in which graduate students in online courses at a higher education institution in Texas were surveyed to gather quantitative data on their perceptions of their online learning environments.

Dr. Maryann Winklemes, University of Nevada Las Vegas via Texas Tech University   **Summer/Fall 2017**
Transparency in Teaching and Learning in Higher Education (TILT)
Facilitated by Erika Brooks and the Teaching and Learning Professional Development Center, Lubbock, TX

> The TILT project is a study that researches how higher education students understand their own learning processes, and how instructors can enhance that understanding. Participated in a research project to incorporate the use of transparent assignment design into current coursework design. Met with other professors and instructors from various higher education institutions to learn about transparent design and its implementation. Collaborated with these educators to revise current assignment in transparent design structure, provide professional feedback, and implement new assignment into courses. Collaborated with Dr. Winklemes' research team to conduct data collection via survey to gather information on the use of the design. Data and analysis provide useful information for Dr. Winklemes'

work as well as for Angelo State University's Department of Curriculum & Instruction's mission toward effective instructional practices and research-based methods.

PROFESSIONAL DEVELOPMENT AND TRAINING

Question. Persuade. Refer. (QPR)   **09/20**
>   Mark Rehm
>   Angelo State University Counseling Services

3rd Annual ASU BbX Conference   **08/20**
>   Virtual Conference
>   Angelo State University eLearning

3-Step Plan for Supporting Students During School Reopening   **08/20**
>   Stephanie Lerner
>   TEA School Counseling Program Manager

The New Three R's for School Counselors, Relationships, Relevance and Resilience   **07/20**
>   Christian Moore and Ashley Wright
>   WhyTry

TBRI 101   **06/20**
Trauma Informed Classrooms
>   Karyn Purvis Institute of Child Development
>   Texas Christian University

Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training   **04/20**
>   Joni Gilbertson, MA, NCC, LCPC, BC-TMH
>   PESI

Behavioral Threat Assessment Online Course   **04/20**
>   Texas School Safety Center, Texas State University

Texas School Counseling Association 15th Annual Professional School Counselor Conference   **02/20**
>   San Antonio, TX

Coherent School Leadership: Forging Clarity from Complexity   **10/19**
>   Michael Fullan, Global Leadership Director—Michael Fullan Enterprises, Inc.
>   Lyle Kirtman, President & Senior Management Consultant—Future Management Systems, Inc.
>   Association for Supervision and Curriculum Development (ASCD) Webinar

Supporting Students on the Autism Spectrum   **09/19**
>   Wesley Dotson, Ph.D., BCBA
>   Burkhart Center for Autism Education & Research, College of Education, Texas Tech University

Meeting Accessibility Requirements with Kaltura   **08/19**
>   Kaltura

Bb World Conference 2019, Austin, TX   **07/19**
>   Blackboard

HB 3 in 30 Video Series   **07-08/19**

Texas Education Agency

Supporting Trans and Gender-Nonconforming Students with Pride **07/19**
    Becca Mui, Education Manager GLSEN
    Vanessa Ford, Board Member – National Center for Transgender Equality
    Association for Supervision and Curriculum Development (ASCD) Webinar

Success with Multicultural Newcomers and English Learners **06/19**
    Margarita Calderón & Shawn Slakk
    Association for Supervision and Curriculum Development (ASCD) Webinar

The Burn Out Cure: Learning to Love Teaching Again **05/19**
    Chase Mielke, Plainwell Community Schools / AffectiveLiving.com
    Association for Supervision and Curriculum Development (ASCD) Webinar

Gulf Coast Counseling Association Annual Conference (5.5 Total CEU) **04/19**
   Corpus Christi, TX
- Braving the Elements: Counseling Toward Resilience – 1.5 CEU
- Applying Humanistic/Existential Approaches with Immigrant Spanish Speaking Children, Adolescents, and Families. Clinical Considerations for South Texas Communities – 1 CEU
- Collaborating Our Way to Success: Counselors and Counselor Educators Joining Forces to Increase School Counselor Preparedness – 1 CEU
- Awakening the Leader Within: Implications for Campus, District, & Higher Education Leaders in School Counseling – 1 CEU
- Collaborating Our Way to Success: Counselors and Counselor Educators Joining Forces to Increase School Counselor Preparedness – 1 CEU

What We Say and How We Say It Matter **03/19**
    Mike Anderson
    Association for Supervision and Curriculum Development (ASCD) Webinar

Texas Tech University Counselor Education Professional Growth Conference (7 Total CEU) **02/19**
   Lubbock, TX
- Creativity in Counseling. Dr. Samuel T. Gladding – 3 CEUs.
- Ethical Issues; Abuse; Texas Ethics and Legal Issues – 4 CEUs

Demonstrating Student Mastery with Digital Badges and Portfolios **02/19**
    David Niguidula, Richer Picture
    Association for Supervision and Curriculum Development (ASCD) Webinar

Open Textbook Review / Faculty OER Resources **01/19**
    Angelo State University Library, Faculty Workshop

Get Your Classroom Thinking! Deeper Learning Strategies for Any Classroom, Grades 6-12 **01/19**
    Dedra Stafford, Education Consultant: Dedra Stafford Presentations
    Association for Supervision and Curriculum Development (ASCD) Webinar

Engage the Brain: How to Design for Learning that Taps into the Power of Emotion **11/18**
    Allison A. Posey
    Association for Supervision and Curriculum Development (ASCD) Webinar

The Basics of Salary Negotiation **11/18**
     Winter Davis
     Texas Tech University Career Center Workshop via Blackboard Collaborate

Intermediate Level Qualtrics Training **10/18**
     Bhargav Shingirikonda, Texas Tech University
     Texas Tech University Workshop via Skype

Giant Killer: Communicate Your Way Up the Workplace Hierarchy in Academia **10/18**
     Texas Tech University Workshop via Blackboard Collaborate

Writing for Academic Audiences
     Texas Tech University Workshop via Blackboard Collaborate **09/18**

Emotional Intelligences Workshop **09/18**
     Toni D. Krebbs, Texas Tech University Career Services
     Texas Tech University Workshop via Blackboard Collaborate

Quality Matters Training—Applying the QM Rubric Update. **08/18**
     San Angelo, TX.

Blackboard Exemplary Course Cohort Training **03/18**
     Online Training via Blackboard

Blackboard Exemplary Course Rubric Training **02/18**
     Angelo State University, Department of Curriculum & Instruction, San Angelo, TX

Human Subjects Social & Behavioral Investigators Training **02/18**
     Texas Tech University/ Collaborative Institutional Training Initiative (CITI)

Writing a Personal Statement?: Tips and Tricks for Writing an Effective Personal Statement **02/18**
     Texas Tech University Workshop via GoToWebinar

I Hate My Job: Find Meaning and Purpose in Even the Most Mundane Jobs **02/18**
     Texas Tech University Workshop via GoToWebinar

Qualtrics Training **10/17**
     Texas Tech University Workshop via Mediasite

Grant Writing Roundtable: A Gathering of Experts **04/17**
     Nora Griffin-Shirley, PhD, Zenaida Aguirre-Munoz, PhD, Jerry Dwyer, PhD, Tena Gonzales, MBA
     Texas Tech University

Visualizing Data **03/17**
     Texas Tech University Webinar

13th Annual Advancing Teaching & Learning Conference **03/17**
     Empowered Teaching – Dr. McNaughtan, TTU
     Positive Mindsets – Dr. Warnick, SPC
     Transparent Assignments – Dr. Winkelmes, University of Nevada, Las Vegas
     Texas Tech TLPDC

Illegal Interview Questions **09/16**
      Texas Tech University Webinar

Writing a Rock Solid Literature Review **06/16**
      Anthony Onwuegbuzie & Rebecca Fels
      Texas Tech University Webinar

Writing Your Thesis or Dissertation: Ideas for Easing the Process **08/16**
      Irene Clark
      Texas Tech University Webinar

Mapping Modern Slavery **04/21**
      Nicole Levy, Research Project Director with the Institute of Domestic Violence & Sexual Assault,
      University of Texas at Austin
      San Angelo, TX

Taming the Social Meeting Monster **04/16**
      Dr. Barbara Wilson
      Association for Supervision and Curriculum Development (ASCD) Webinar

STAAR District Testing Coordinator (DTC) Training **01/14**
      Region XV Service Center
      San Angelo, TX.

LPAC Training – Decision Making Process **01/14**
      Mary Castanuela, Region XV Service Center
      San Angelo, TX.

Bridges-Perkins Career Planning – Online System **10/13**
      Region XV Service Center
      San Angelo, TX.

LPAC Training **09/13**
      Mary Castanuela, Region XV Service Center
      San Angelo, TX.

Crisis Prevention Institute Training Refresher **08/13**
      Deanne Goen: Nonviolent Crisis Intervention, Personal Prevention Plan
      San Angelo, TX.

STAAR & State Assessment Training – Grape Creek Middle School Campus Specific **01/13**
      San Angelo, TX.

TELPAS Rater Refresher Training – Online **01/13**

Crisis Prevention Institute (CPI) Training **11/12**
      Deanne Goen: Nonviolent Crisis Intervention, San Angelo, TX.

Texas Association of Secondary School Principals (TASSP) Fall Summit **10/12**

Dr. Ruby Payne: Instructional Tools to Enhance Achievement and Emotional Tools to Work with Parents and Staff
Lubbock, TX.

CollegeBoard Advanced Placement (AP) Summer Institute – English Language & Composition, **06/12**
    Texas Christian University, Fort Worth, TX.

STAAR & State Assessment Training – Grape Creek High School Campus Specific **01/12**
    San Angelo, TX.

TELPAS Rater Refresher Training – Online **01/12**

AVID National Conference, **12/11**
    Grapevine, TX.

Texas Assessment Agency – Assessment Conference, **11/11**
    San Antonio, TX.

STAAR & State Assessment Training – Grape Creek High School Campus Specific **01/11**
    San Angelo, TX.

TELPAS Rater Refresher Training – Online **01/11**

STAAR & State Assessment Training – Grape Creek High School Campus Specific **01/10**
    San Angelo, TX.

TELPAS Rater Refresher Training – Online **01/10**

STAAR & State Assessment Training – Grape Creek High School Campus Specific **01/09**
    San Angelo, TX.

Texas Counseling Association 51st Annual Professional Growth Conference, **11/08**
Corpus Christi, TX.
- Laughing Matters presented by Jill Riethmayer, M.Ed., LPC, NCC, LMFT
- Taking a Stand Against Bullying GLBT and Gender-Nonconforming Youth presented by Stacee Reicherzer, Ph.D., LPC, NCC and Jason Patton, M.A., LPC-Intern
- The School Counselor's Toolkit of Tried and True Strategies for Prompting the Success of Students with Autism in School presented by Chloe Lancaster, M.A., Freeman Sallee, M.A., and Karl Witt, M.A.

Region XV Professional Development
San Angelo, TX.
- STAAR Update, Administrator Training **06/13**
- STAAR DTC Training **01/13**
- College Board **02/12**
- STAAR DTC Training **01/12**
- Counselor Meeting & Update **09/11**
- LPAC Training & Update **09/11**
- Back to School 2011 **08/11**
- A Framework for Poverty **06/11**

- Ready for STAAR **06/11**
- Trauma and Children **01/11**
- TAKS Training & Update **01/11**
- Assessment & Accountability **11/10**
- Accommodation Manual Training **10/10**
- College & Career Preparation **06/10**
- CSCOPE/ELA TAKS **08/09**
- Multisensory Grammar **06/09**
- CSCOPE Foundations **05/09**
- New Teacher Training 2 **05/09**
- Texas Assessment Training **01/09**
- TELPAS Training 2-12 **01/09**
- LETRS Training 4-6 **01/09**
- New Teacher Training 1 **11/08**
- Substitute Training-SAISD **08/08**

SCHOOL COUNSELING PROGRAM AWARDS
Angelo State University, Department of Curriculum & Instruction, Educational Counseling Programs

- "Intelligent Pick" by Intelligent.com, M.Ed. in Guidance and Counseling, 2020
- #1 of 30 Online Master's in Counseling Programs by Intelligent.com, M.Ed. in Guidance and Counseling, 2020
- #9 of 60 Online Master's in Counseling Degrees by Intelligent.com, M.S. in Professional School Counseling, 2020
- "Best in the South" by Intelligent.com, M.S. in Professional School Counseling, 2020
- "Best in the South" by Best Online Counseling Degree Programs, M.S. in Professional School Counseling, 2020
- #9 of Best Online Counseling Degree Programs by Intelligent.com, M.S. in Professional School Counseling, 2020
- #2 of 25 Affordable Accelerated Master's in Psychology Online Programs by BestCollegesOnline.org, M.Ed. in Guidance and Counseling, 2020
- #5 of Top 20 Accelerated Master's in School Counseling Online Programs by CollegeValuesOnline.com, M.Ed. in Guidance and Counseling, 2020
- #7 of Top Master's in Counseling Degrees Online by CollegeValuesOnline.com, M.Ed. in Guidance and Counseling, 2020
- #20 of Most Experienced Faculty among Best Online Master's in School Counseling Degree Programs from Intelligent.com, M.Ed. in Guidance and Counseling, 2020
- #30 of Top 30 Master's Degrees in Educational Psychology Online 2020, M.Ed. in Guidance and Counseling, 2020
- #1 of Top 20 Best Master's in School Counseling Online by TopEducationDegrees.org, M.Ed. in Guidance and Counseling, 2019
- #2 of Top 30 Master's in Educational Counseling Online by TopCounselingSchools.org, M.Ed. in Guidance and Counseling, 2019
- #7 of 20 Best Master's in School Counseling Online by BestCollegeReviews.org, M.Ed. in Guidance and Counseling, 2019
- #14 of 25 Best Online Master's in School Counseling Degrees by SuccessfulStudent.org, M.Ed. in Guidance and Counseling, 2019

- #19 of 25 Best Online Master's in School Counseling Programs by BestColleges.com, M.Ed. in Guidance and Counseling, 2019
- #5 of 20 Most Affordable Master's in School Counseling Degrees Online by GradSchoolHub.com, MS in Professional School Counseling, 2019
- #5 of the Most Affordable Online Master's in Educational Counseling Degrees by CollegeChoice.net, M.Ed. in Guidance and Counseling, 2019
- #8 of the Best Online Master's in Educational Counseling Degrees by CollegeChoice.net, M.Ed. in Guidance and Counseling, 2019
- #20 of the Best Online Master's in School Counseling Programs and Best for Collegiate Counseling by OnlineMasters.com, M.Ed. in Guidance and Counseling, 2019
- #21 Most Affordable Online Colleges for School Counseling, SR Education Group, M.Ed. in Guidance and Counseling, 2019
- #2 of Top 35 Most Affordable Online Educational Counseling Degree Programs, BestValueSchools.com, M.Ed. in Guidance and Counseling, 2018
- #22 Best Online Schools Offering a Master's in School Counseling, GuideToOnlineSchools.com, M.Ed. in Guidance and Counseling, 2018
- #22 Most Affordable Online Colleges for a Master's in School Counseling, OnlineU.org, M.Ed. in Guidance and Counseling, 2018
- #32 of 35 Best Online Master's in School Counseling Degrees, CollegeChoice.net, M.Ed. in Guidance and Counseling, 2017-18
- #3 for 30 Best Value Online Master's Degrees in Educational Counseling, AffordableColleges.com, M.Ed. in Guidance and Counseling, 2017
- #10 for Top 15 Online Master's Programs in Education/School Counseling, DegreeQuery.com, M.Ed. in Guidance and Counseling, 2017
- #7 Top 10 Low-Cost Online Master's Degrees in Student Affairs and College Counseling, BestCounselingDegrees.net, M.Ed. in Guidance and Counseling, 2017
- #42 for 50 Best Low-Cost Online Master's in Counseling Programs, BestCounselingDegrees.net, M.Ed. in Guidance and Counseling, 2016-17
- #7 Top 10 Online Master's Degrees in Student Affairs and College Counseling, BestCounselingDegrees.net, M.Ed. in Guidance and Counseling, 2016
- #16 Top Online Master's in School Counseling Programs, BestColleges.com, M.Ed. in Guidance and Counseling, 2016
- #41 for 50 Best Online Master's in Psychology Programs, SuperScholar.org, M.Ed. in Guidance and Counseling, 2016
- #16 Top Online Master's in Counseling, GoGrad.org, M.Ed. in Guidance and Counseling, 2015
- #10 for Top 25 Most Affordable Accredited Master's in School Counseling Online, BestCounselingDegrees.net, M.Ed. in Guidance and Counseling, 2015
- #14 Top Online Masters in Counseling Degree Programs, BestMastersinPsychology.com, M.Ed. in Guidance and Counseling, 2015
- 10 Best Online Master's in School Counseling Degree Programs, TheBestSchools.org, M.Ed. in Guidance and Counseling, 2014
- #1 Students Before Profits Award, NonprofitCollegesOnline.com, M.Ed. in Guidance and Counseling, 2014-15

EDUCATIONAL HONORS

Helen Devitt Jones Scholarship Recipient, 2018-2019
Texas Tech University Grant Recipient, 2017-2018
Texas Tech University College of Education Scholarship Recipient, 2017-2018
Potter Sims Scholarship Recipient, 2017-2018

Helen Devitt Jones Scholarship Recipient, 2017-2018
Strikeforce Scholarship Recipient, Summer & Fall 2016
Helen Devitt Jones Scholarship Recipient, 2016-2017
Distinguished Graduate Student Nominee, 2007-2008
Academic Excellence Graduate Scholarship, Spring 2007-Fall 2008
Graduate Assistantship, Angelo State University, 2006-2008
Distinguished Student Teaching rating, Spring 2006
Dean's List, Fall 2001-Fall 2002 and Spring 2004-Spring 2006
Carr Academic Scholarship, Fall 2001-2006
Robert C. Byrd Scholarship, Fall 2001-2005
Valedictorian, Knox City High School, 2001

TECHNOLOGY SKILLS
Higher Education & Distance Learning
- Blackboard
- TaskStream
- TurnItIn
- FlipGrid
- Kaltura Capture
- Google—Chrome, Drive, Slides, etc.
- Social Media—Facebook, Twitter, LinkedIn
- Microsoft Office—Word, Excel, PowerPoint
- Video Conferencing—Zoom, Skype, GoToMeeting

Presentation
- Poll Everywhere
- Prezi
- Padlet
- Adobe Spark

Research
- SPSS
- MAXQDA
- Qualtrics